

Corryton Connection



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Corryton Senior Center

9331 Davis Dr

Corryton, TN 37721

jill.green@knoxcounty.org Email

HOURS: 7:30 a.m.-4:00 p.m. M-F

April Rain Song

Let the rain kiss you.

Let the rain beat upon your head with
silver liquid drops.

Let the rain sing you a lullaby.

The rain makes still pools on the
sidewalk.

The rain makes running pools in the
gutter.

The rain plays a little sleep-song on our
roof at night-

And I love the rain.

-Langston Hughes

April Music

I'd like to spend

April, sitting on a hill,

With a mushroom for

A parasol and violets

For a frill. And the

Wind for a violin, To

Play spring tunes,

And the blossoms in

The treetops, For gay
Balloons. I'd like to spend

April sitting on a

Mound, Watching for

The flowers to pop out

Of the ground. With

Their green silk stockings,

And new spring clothes,

Trying to look taller

By dancing on their toes!

s. j. goldner



Joy Gaertner Special Spring Zoom Programs

Happiness Is A Choice

“ You are the only person who can make you happy.
You're as happy as you CHOOSE to be.”

-Rick W.

Tuesday, April 13th 1:00-2:00PM

Contact-joy@walkingwithjoy.com

Or jill.green@knoxcounty.org

Spring Cleaning Time

April 16th is National Clean Out Your Medicine Cabinet Day

Several Walgreens locations have kiosks for disposing of unwanted or outdated medications. The nearest Walgreens with kiosk to Corryton is 2400 N. Broadway 37917

- Accepted Items-Prescription Medications, ointments, & patches
OTC Medications, ointments, lotions & liquids
 - Pet medications* vitamins
 - Aerosol cans
 - Inhalers
 - Not accepted items
 - Needles & thermometers
 - Hydrogen peroxide and Illegal drugs

THE SUNSHINE LINE

Connecting Seniors with Seniors
The old timey way...by telephone



Why not give our
Sunshine Line a
try? Who knows
you may just find
your own Lucy or
Ethel!!



Email Carole @

carole.conaway@knoxcounty.org

with your full name, phone number and which center you attend. You are welcome to include one or two lines about yourself such as hobbies, interests, past work careers etc. to act as an "icebreaker" to get the conversation started.

Carole will match you with another senior and email you the first name, phone number and icebreaker info of that senior. It will be indicated in your email which senior will make the call and which will be the receiver just to make it easy.



In your email to Carole please authorize to release your phone number and join this program.

We cannot be held responsible for the antics which ensue from said friendships.



RIDDLE ME THIS?

Let's jump start your thinking caps with fun riddles to challenge the mind!

- 1) What has teeth but cannot eat?
- 2) What wears a cap but has no head?
- 3) Why did I throw the butter out of the window?
- 4) What starts with a "t," ends with a "t" and is full of "t"?
- 5) How many months have 28 days?
- 6) What do you drop when you need it and take back when you don't?
- 7) Which letters can frighten a thief away?
- 8) Why is a river rich?
- 9) Which is faster, hot or cold?
- 10) I have cities but no houses, forests but no trees; rivers but without water; what am I?
- 11) The more you take away, the bigger I become. What am I?
- 12) When is your uncle's sister not your aunt?
- 13) What is that you ought to keep after you give it to somebody else?
- 14) When will a net hold water?
- 15) A hungry donkey was tied to a rope eight feet long. About thirty feet away there was a basket of fresh carrots. The donkey wanted to eat those carrots. How did he reach them?
- 16) What can you hold in your left hand, but not in your right hand?
- 17) What is the largest ant in the world?
- 18) What is the smallest room in the word?





JANET'S JOURNEYS'

Come along with Janet Word as she explores some of the designated 'Handicapped Accessible Parks in Knox County'. Janet, the Coordinator at the South Knoxville Senior Center, will be visiting several of these parks and will be able to virtually take you with her so you can see if they are right for you. Explore the most popular wheelchair friendly trails near Knoxville with first-hand views of the areas. With the nice weather finally here, we encourage you to get out and check these trails out for yourself!

Join us live on ZOOM every Thursday in April at 10:00a.m. for an interactive discussion about the amenities at each park or you also will have the option of viewing the trails at your leisure on YouTube.

Easter Edition

RIDDLE ME THIS?



- 1) Why shouldn't you tell an Easter egg a joke? _____
- 2) Where does Easter come before Valentine's Day? _____
- 3) What kind of jokes do eggs tell? _____
- 4) How does the Easter Bunny throw a tantrum? _____
- 5) Where does an Easter Bunny go if you give it a pair of socks? _____
- 6) Why is the Liberty Bell like a dropped Easter egg? _____
- 7) How does the Easter Bunny stay fit? _____
- 8) Why was the Easter Bunny so upset? _____
- 9) What day does an Easter egg hate the most? _____
- 10) Which restaurant does the Easter Bunny eat breakfast at? _____
- 11) What do you get if you cross a bee and a bunny? _____
- 12) What genre of music do bunnies like? _____
- 13) What happened when the Easter Bunny met the rabbit of his dreams? _____
- 14) What do you call a rabbit that tells good jokes? _____
- 15) What is the Easter Bunny's favorite sport? _____

A. EGG YOLKS! B. A SOCK HOP! C. IT MIGHT CRACK UP!
D. HE WAS HAVING A BAD HARE DAY! E. HE GETS HOPPING MAD!
F. IN THE DICTIONARY! G. FRY-DAYS
H. BECAUSE THEY'RE BOTH CRACKED! I. IHOP J. EGG-XERCISE!
K. A FUNNY BUNNY! L. BASKETBALL M. HIP HOP
N. A HONEY BUNNY! O. THEY LIVED HOPPILY EVER AFTER!

SPRING CLEANING

CHECKLIST

BEDROOMS

- WASH BEDDING & PILLOWS
- DUST FURNITURE & FANS
- WIPE DOWN BASEBOARDS
- WASH WINDOWS & DUST BLINDS
 - ORGANIZE CLOSET
- VACUUM & CLEAN CARPETS

BATHROOMS

- SCRUB SINK, TOILET, & TUB
 - SWEEP & MOP FLOOR
- WASH SHOWER CURTAIN & BATH MAT
- TOSS EXPIRED PRODUCTS

KITCHEN

- VACUUM REFRIGERATOR COILS
 - CLEAN FRIDGE SHELVES & DRAWERS
- WIPE DOWN COUNTERS & CABINETS
- DEGREASE MICROWAVE, OVEN, STOVE
 - SWEEP & MOP FLOOR
 - TOSS EXPIRED FOOD

FAMILY ROOM

- DUST FURNITURE & FANS
- WIPE DOWN BASEBOARDS
- WASH WINDOWS & DUST BLINDS
- ORGANIZE BOOKSHELVES
- VACUUM & CLEAN CARPETS

OUTDOORS

- SERVICE LAWNMOWER
- MULCH FLOWER BEDS
- CLEAN FLOWER POTS
 - WASH SCREENS
- POWER WASH PATIO
 - SWEEP PORCH

RIDDLE ME THIS ANSWERS?

- | | |
|--|------------------------------------|
| 1) A comb | 10) Map |
| 2) A bottle | 11) A hole |
| 3) Because I wanted to see the butterfly | 12) When she's your mother |
| 4) A teapot | 13) A promise |
| 5) All | 14) When the water is frozen |
| 6) An anchor | 15) It's not tied to anything else |
| 7) I C U | 16) Your right hand |
| 8) It has two banks | 17) An Elephant |
| 9) Hot, you can easily catch cold | 18) A mushroom |



EASTER EDITION

RIDDLE ME THIS ?

- | | | |
|------|-------|-------|
| 1) C | 6) H | 11) N |
| 2) F | 7) J | 12) M |
| 3) A | 8) D | 13) O |
| 4) E | 9) G | 14) K |
| 5) B | 10) I | 15) L |





Springtime Favorite Recipe allrecipes– Coconut Cream Pound Cake

Ingredients

Original recipe yields 16 servings

1 cup butter, softened

1 (8 ounce) package cream cheese, softened

3 cups white sugar

6 eggs

1 teaspoon coconut extract

3 cups all-purpose flour

½ teaspoon baking powder

2 cups flaked coconut

Directions

Step 1 Preheat the oven to 325 degrees. Flour and grease 10 inch tube pan.

Step 2 In a large bowl, cream together the butter and cream cheese until well blended. Add sugar, and beat until light and fluffy. Blend in the eggs one at a time, then stir in the coconut extract. Mix in flour and baking powder until just moistened, then stir in coconut. Spoon batter into prepared pan.

Step 3 Bake for 1 hour and 20 minutes in the preheated oven, until a knife inserted into the cake comes out clean. Allow the cake to cool in the pan for 10 minutes before inverting on rack to cool.

Author Of The Month

Louis Dearborn L'Amour (March 22, 1908 – June 10, 1988) was an American novelist and short-story writer. His books consisted primarily of Western novels (though he called his work "frontier stories"); however, he also wrote historical fiction (*The Walking Drum*), science fiction (*Haunted Mesa*), non-fiction (*Frontier*), as well as poetry and short-story collections. Many of his stories were made into films. L'Amour's books remain popular and most have gone through multiple printings. At the time of his death almost all of his 105 existing works (89 novels, 14 short-story collections, and two full-length works of nonfiction) were still in print, and he was "one of the world's most popular writers".^{[1][2]} Wikipedia

