



# 2018

No Ballroom Dance  
This Month  
Due to Holidays!

Mon (8:00 - 4:30)	Tue (8:00 - 4:30)	Wed (8:00 - 4:30)	Thu (8:00 - 4:30)	Fri (8:00 - 4:30)
<p>Core Insurance Company is generously supplying Birthday Cupcakes in the lobby every 1st day of the month that the Center is open. Come by a grab a treat while they last on</p>		<p>Check out our new programs on <b>NEW</b> Mondays, Tuesdays, Wednesdays,</p>	<p><b>1 Birthday Party</b></p> <p>10:00 Line Dance Class 10:00 Pinochle 10:00 Quilting 11:00 Exercise * 12:15 Yoga - Seated * 1:00 Billiards</p>	<p><b>2</b> 9:00 S.A.I.L. * 10:00 Euchre 10:00 Morning Movie 11:00 Exercise Class* 12:00 Mexican Train Dominoes 12:30 Adult Coloring 1:00 Brain Games</p>
<p><b>5 Field Trip to MMM</b></p> <p>9:00 S.A.I.L. * 9:00 Scrapbooking 10:00 Pinochle 10:00 Bridge * 1:00 Exercise Class 1:00 Rook * 2:30 Beg. Line Dance</p>	<p><b>6</b></p> <p>10:00 Canasta 11:00 Exercise * 12:00 Mexican Train Dominoes 1:00 Billiards <b>1:00 Cribbage</b></p>	<p><b>7</b></p> <p><b>10am-2pm Quilt/Craft Sale in Lobby</b></p> <p>10:00 Bingo 10:00 Hand &amp; Foot Card Game <b>12:30 Hearts Card Game</b> 1:00 Rook</p>	<p><b>8 Field Trip McMinnville</b></p> <p><b>*9:30 Awesome Apps Class</b> 10:00 Line Dance Class 10:00 Pinochle 10:00 Quilting 11:00 Exercise * <b>*12:00 Camera Phone Class</b> 12:15 Yoga - Seated * 1:00 Billiards 2:00 Movie Matinee</p>	<p><b>9</b></p> <p>9:00 S.A.I.L. * 10:00 Euchre 10:00 Morning Movie 11:00 Exercise Class* 12:00 Mexican Train Dominoes 12:30 Adult Color <b>12:00 Snack N Learn Birth Order Presentation</b> 1:00 Brain Games</p>
<p><b>12</b></p> <p><b>Closed for Veterans Day</b></p>	<p><b>13</b></p> <p><b>10:00am to 12:00pm Beltone Hearing</b></p> <p>10:00 Canasta 11:00 Exercise * <b>12:00 Potluck: Thanksgiving Brunch</b> 1:00 Mexican Train Dominoes 1:00 Billiards</p>	<p><b>14 By Appt., 546-6262 Senior Services Medicare Help</b></p> <p><b>10am-2pm Quilt/Craft Sale in Lobby</b></p> <p><b>9am Hearing Aid Cleaning</b></p> <p>10:00 Bingo 10:00 Hand &amp; Foot Card Game <b>12:30 Hearts Card Game</b></p>	<p><b>15</b></p> <p>10:00 Line Dance Class 10:00 Pinochle 10:00 Quilting 11:00 Exercise * 12:15 Yoga - Seated * 1:00 Billiards 2:00 Movie Matinee</p>	<p><b>16</b></p> <p>9:00 S.A.I.L. * 10:00 Euchre 10:00 Morning Movie 11:00 Exercise Class * 12:00 Mexican Train Dominoes <b>12:00 Physicians Mutual Medicare Help</b> 12:30 Adult Color 1:00 Brain Games</p>
<p><b>19</b></p> <p>9:00 S.A.I.L. * 9:00 Scrapbooking 10:00 Pinochle 10:00 Bridge <b>* 11:00 Exercise Class</b> <b>* 12:15 Yoga - Seated</b> 1:00 Rook * 2:30 Beg. Line Dance</p>	<p><b>20 Senior Services Walk Sharp's Ridge Walk</b> RSVP 215-5290</p> <p>10:00 Canasta 11:00 Exercise * 12:00 Mexican Train Dominoes 1:00 Billiards</p>	<p><b>21</b></p> <p><b>9am Veteran Services</b></p> <p>10:00 Bingo 10:00 Hand &amp; Foot Card Game <b>12:30 Hearts Card Game</b> 1:00 Rook</p>	<p><b>22</b></p> <p><b>Closed for Thanksgiving</b></p> <p><b>23</b></p> <p><b>Closed for Thanksgiving</b></p>	
<p><b>26</b></p> <p>9:00 S.A.I.L. * 9:00 Scrapbooking 10:00 Pinochle 10:00 Bridge <b>* 11:00 Exercise Class</b> <b>* 12:15 Yoga - Seated</b> 1:00 Rook * 2:30 Beg. Line Dance</p>	<p><b>27</b></p> <p>10:00 Canasta 11:00 Exercise * <b>12:00 Super Speakers: Back Pain and Sciatica</b> 12:00 Mexican Train Dominoes <b>1:00 Core Insurance Medicare Help</b> 1:00 Billiards</p>	<p><b>28</b></p> <p><b>*9:30 iPad/iPhone Basics 2</b> 10:00 Bingo 10:00 Hand &amp; Foot Card Game <b>*12:00 Android Basics 2</b> <b>12:30 Hearts Card Game</b> 1:00 Rook</p>	<p><b>29 AARP Driving 12pm to 4pm*</b></p> <p><b>*9:30 iPad/iPhone Basics 2</b> 10:00 Line Dance Class 10:00 Pinochle 10:00 Quilting 11:00 Exercise <b>*12:00 Android Basics 2</b> 12:15 Yoga - Seated * <b>1:00 Craft Class</b> 1:00 Billiards</p>	<p><b>30 AARP Driving 9am to 1pm*</b></p> <p>9:00 S.A.I.L. * 10:00 Euchre 10:00 Morning Movie 11:00 Exercise Class * 12:00 Mexican Train Dominoes 12:30 Adult Color 1:00 Brain Games <b>2:00 Chess Club</b></p>



# 2018

No Ballroom Dance  
This Month due  
To Holidays!

Mon (8:00 - 4:30)	Tue (8:00 - 4:30)	Wed (8:00 - 4:30)	Thu (8:00 - 4:30)	Fri (8:00 - 4:30)
<p><b>3 Birthday Party</b> Field Trip to MMM 9:00 S.A.I.L. * 9:00 Scrapbooking 10:00 Pinochle 10:00 Bridge <b>* 11:00 Exercise Class</b> <b>* 12:15 Yoga - Seated</b> 1:00 Rook</p>	<p><b>4</b> 10:00 Canasta 11:00 Exercise * 12:00 Mexica Train Dominoes <b>12:00 Super Speakers</b> <b>Arthritis</b> 1:00 Billiards</p>	<p><b>5</b> 10:00 Bingo 10:00 Hand &amp; Foot Card Game <b>12:30 Hearts Card Game</b> 1:00 Rook</p>	<p><b>6</b> 10:00 Line Dance Class 10:00 Pinochle 10:00 Quilting 11:00 Exercise * 12:15 Yoga - Seated * 1:00 Billiards <b>1:00 Craft for Mobile Meals</b> 2:00 Movie Matinee</p>	<p><b>7 10am Caroling</b> 9:00 S.A.I.L. * 10:00 Euchre 10:00 Morning Movie 11:00 Exercise Class* 12:00 Mexican Train Dominoes 12:30 Adult Coloring 1:00 Brain Games</p>
<p><b>10</b> 9:00 S.A.I.L. * 9:00 Scrapbooking 10:00 Pinochle 10:00 Bridge <b>* 11:00 Exercise Class</b> <b>* 12:15 Yoga - Seated</b> 1:00 Rook * 2:30 Beg. Line Dance</p>	<p><b>11</b> <b>10:00am to 12:00pm</b> <b>Beltone Hearing</b> 10:00 Canasta 11:00 Exercise * 12:00 Mexican Train Dominoes <b>12:00 Potluck:</b> <b>Center Christmas Party</b> 1:00 Billiards</p>	<p><b>12</b> <b>*9:30 iPad/iPhone</b> <b>Class</b> 10:00 Bingo 10:00 Hand &amp; Foot Card Game <b>*12:00 Android Class</b> <b>12:30 Hearts Card Game</b> 1:00 Rook</p>	<p><b>13</b> <b>*9:30 iPad/iPhone</b> <b>Class</b> 10:00 Line Dance Class 10:00 Pinochle 10:00 Quilting 11:00 Exercise * <b>*12:00 Android Class</b> 12:15 Yoga - Seated * 1:00 Billiards 2:00 Movie Matinee</p>	<p><b>14</b> 9:00 S.A.I.L. * 10:00 Euchre 10:00 Morning Movie 11:00 Exercise Class* 12:00 Mexican Train Dominoes 12:30 Adult Color 1:00 Brain Games <b>2:00 Chess Club</b></p>
<p><b>17</b> 9:00 S.A.I.L. * 9:00 Scrapbooking 10:00 Pinochle 10:00 Bridge <b>* 11:00 Exercise Class</b> <b>* 12:15 Yoga - Seated</b> 1:00 Rook * 2:30 Beg. Line Dance</p>	<p><b>18</b> <b>Senior Services Walk</b> <b>Karns Senior Center</b> RSVP 215-5290 <b>*9:30 Facebook Class</b> 10:00 Canasta 11:00 Exercise * <b>*12:00 Pinterest Class</b> 1:00 Mexican Train Dominoes 1:00 Billiards</p>	<p><b>19</b> <b>9am Veteran Services</b> <b>9am Hearing Aid</b> <b>Cleaning</b> 10:00 Bingo 10:00 Hand &amp; Foot Card Game <b>12:30 Hearts Card Game</b> 1:00 Rook</p>	<p><b>20 Field Trip Smoky</b> <b>Mountain Opry</b> 10:00 Line Dance Class 10:00 Pinochle 10:00 Quilting 11:00 Exercise * 12:15 Yoga - Seated * 1:00 Billiards 2:00 Movie Matinee</p>	<p><b>21</b> 9:00 S.A.I.L. * 10:00 Euchre 10:00 Morning Movie 11:00 Exercise Class * 12:00 Mexican Train Dominoes 12:30 Adult Color 1:00 Brain Games <b>2:00 Chess Club</b></p>
<p><b>24</b> <b>Closed for</b> <b>Christmas</b></p> 	<p><b>25</b> <b>Closed for</b> <b>Christmas</b></p>	<p><b>26</b> 10:00 Bingo 10:00 Hand &amp; Foot Card Game <b>12:30 Heart Card Game</b> 1:00 Rook</p>	<p><b>27</b> 10:00 Line Dance Class 10:00 Pinochle 10:00 Quilting 11:00 Exercise * 12:15 Yoga - Seated * 1:00 Billiards 2:00 Movie Matinee</p>	<p><b>28</b> <b>No SAIL due to holiday!</b> 10:00 Euchre 10:00 Morning Movie 11:00 Exercise Class* 12:00 Mexican Train Dominoes 12:30 Adult Coloring 1:00 Brain Games</p>
<p><b>31</b> No SAIL, Exercise, or Line Dance due to Holidays!</p> <p>9:00 Scrapbooking 10:00 Pinochle 10:00 Bridge</p>	<p><b>Closed on</b> <b>January 1st for</b> <b>New Years Day!</b></p>			