

Carter Senior Center
9040 Asheville Highway
Knoxville, TN 37924

November

Tara Stirone, Coordinator
Jessica Sexton, Assistant
Phone: 865.932.2939

2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>*****</p> <p>For more program information, check out our website: Knoxcounty.org/Senior Services</p> <p>*****</p>		<p>1</p> <p>8:00 Weekday Walkers 9:00 Cards - Pinochle 12:30 Cardio Craze 2:00 Brain Games 2:00 Wii Bowling</p>	<p>2</p> <p>8:00 Weekday Walkers 9:00 Cards - UNO 10:00 Medicare Seminar 10:00 BYO Breakfast/ Lunch and Board Games 11:00 Movie Matinee 2:00 Guitar Jam</p>
<p>5</p> <p>8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 11:00 Mighty Musical @ TN Theatre 12:00 Art Class 2:15 SAIL Fitness Class</p>	<p>6</p> <p>8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 2:00 Line Dance 3:15 Wii Bowling</p>	<p>7</p> <p>8:00 Weekday Walkers 11:30 Clear Captions 1:00 BAKED GOODS BINGO 2:15 SAIL Fitness Class 3:30 Wii Bowling</p>	<p>8</p> <p>8:00 Weekday Walkers 9:00 Cards - Pinochle 10:30 FCE Meeting 12:30 Cardio Craze 2:00 Brain Games 2:00 Wii Bowling</p>	<p>9</p> <p>10:00 7th ANNUAL TURKEY TROT 2:00 Guitar Jam</p>  <p>GOBBLE! GOBBLE! GOBBLE!</p>
 <p>CENTER CLOSED</p>	<p>13</p> <p>8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 2:00 Line Dance 3:15 Wii Bowling</p>	<p>14</p> <p>Monthly Birthday Celebration</p> <p>8:00 Weekday Walkers 11:30 Medicare Sales Seminar - Core Insurance Advisors 1:00 BINGO 2:15 SAIL Fitness Class 3:30 Wii Bowling</p>	<p>15</p> <p>UT Mobile Mammography</p> <p>8:00 Weekday Walkers 9:00 Cards - Pinochle 12:30 Cardio Craze 2:00 Brain Games 2:00 Wii Bowling</p>	<p>16</p> <p>8:00 Weekday Walkers 9:00 Cards - UNO 10:00 BYO Breakfast/ Lunch and Board Games 11:00 Movie Matinee 2:00 Guitar Jam</p>
<p>19</p> <p>8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 12:00 Art Class 2:15 SAIL Fitness Class</p>	<p>20</p> <p>8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 2:00 Line Dance 3:15 Wii Bowling</p>	<p>21</p> <p>8:00 Weekday Walkers 11:30 Thanksgiving Bingo Party 1:00 BINGO 2:15 SAIL Fitness Class 3:30 Wii Bowling</p>	 <p>CENTER CLOSED</p>	 <p>CENTER CLOSED</p>
<p>26</p> <p>8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 12:00 Art Class 12:00 Lunch Bunch (Aubrey's) 2:15 SAIL Fitness Class</p>	<p>27</p> <p>8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 2:00 Line Dance 3:15 Wii Bowling</p>	<p>28</p> <p>8:00 Weekday Walkers 10:30 FREE Health Screenings 10:30 Senior Info and Referral Services 11:30 Veterans Services 11:30 Potluck Luncheon (Breakfast for Lunch) 1:00 BINGO 2:15 SAIL Fitness Class 3:30 Wii Bowling</p>	<p>29</p> <p>8:00 Weekday Walkers 9:00 Cards - Pinochle 12:30 Cardio Craze 2:00 Brain Games 2:00 Wii Bowling</p>	<p>30</p> <p>8:00 Weekday Walkers 9:00 Cards - UNO 10:00 BYO Breakfast/ Lunch and Board Games 11:00 Movie Matinee 2:00 Guitar Jam</p>

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December 2018

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 11:00 Mighty Musical @ TN Theatre 12:00 Art Class 2:15 SAIL Fitness Class	4 8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 2:45 Wii Bowling	5 8:00 Weekday Walkers 11:30 Select Physical Therapy Balance Screenings 1:00 BAKED GOODS BINGO & Ornament Exchange 2:15 SAIL Fitness Class 3:30 Wii Bowling	6 8:00 Weekday Walkers 9:00 Cards - Pinochle 12:30 Cardio Craze 2:00 Brain Games 2:00 Wii Bowling	7 8:00 Weekday Walkers 9:00 Cards - UNO 10:00 BYO Breakfast/ Lunch and Board Games 11:00 Movie Matinee 2:00 Guitar Jam
10 8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 12:00 Art Class 2:15 SAIL Fitness Class	11 8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 2:45 Wii Bowling	12 Monthly Birthday Celebration 8:00 Weekday Walkers 11:30 Holiday "Food" Hop 1:00 BINGO 2:15 SAIL Fitness Class 3:30 Wii Bowling	13 8:00 Weekday Walkers 9:00 Cards - Pinochle 10:30 FCE Meeting 12:30 Cardio Craze 2:00 Brain Games 2:00 Wii Bowling	14 8:00 Weekday Walkers 9:00 Cards - UNO 10:00 BYO Breakfast/ Lunch and Board Games 11:00 Movie Matinee 2:00 Guitar Jam
17 8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 12:00 Art Class 2:15 SAIL Fitness Class	18 No Cardio Classes for the Holidays 8:00 Weekday Walkers 9:00 Cards - Rook 2:45 Wii Bowling	19 8:00 Weekday Walkers 10:30 Senior Info and Referral Services 11:30 Cookie Swap & White Elephant Gift Exchange 1:00 BINGO 2:15 SAIL Fitness Class 3:30 Wii Bowling	20 No Cardio Classes for the Holidays 8:00 Weekday Walkers 9:00 Cards - Pinochle 12:30 Cardio Craze 2:00 Brain Games 2:00 Wii Bowling	21 8:00 Weekday Walkers 9:00 Cards - UNO 10:00 BYO Breakfast/ Lunch and Board Games 11:00 Movie Matinee 2:00 Guitar Jam
24  CENTER CLOSED	25  CENTER CLOSED	26 8:00 Weekday Walkers 11:30 Veterans Services 11:30 NO POTLUCK LUNCHEON 1:00 BINGO 2:15 SAIL Fitness Class 3:30 Wii Bowling	27 No Cardio Classes for the Holidays 8:00 Weekday Walkers 9:00 Cards - Pinochle 12:30 Cardio Craze 2:00 Brain Games 2:00 Wii Bowling	28 8:00 Weekday Walkers 9:00 Cards - UNO 10:00 BYO Breakfast/ Lunch and Board Games 11:00 Movie Matinee 2:00 Guitar Jam
31 Ring in the New Year Celebration 8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 12:00 Lunch Bunch (Cracker Barrel) 12:00 Art Class 2:15 SAIL Fitness Class		* * * * * For more program information, check out our website: Knoxcounty.org/Senior Services * * * * *		