

Carter Senior Center
9040 Asheville Highway
Knoxville, TN 37924

January

Tara Stirone, Coordinator
Jessica Sexton, Assistant
865-932-2939

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  HAPPY New Year CENTER CLOSED	3 No Fitness Classes for the Holidays 8:00 Weekday Walkers 9:00 Cards - Rook 3:15 Wii Bowling	4 8:00 Weekday Walkers 9:00 Farkle Dice 1:00 BINGO 2:00 Wii Bowling 2:00 History Class 3:00 Corn Hole Toss	5 No Fitness Classes for the Holidays 8:00 Weekday Walkers 9:00 Cards - Pinochle 11:00 Tai Chi Beginner 11:30 Tai Chi Practice 3:15 Wii Bowling	6 8:00 Weekday Walkers 9:00 Cards - UNO 11:00 Movie Matinee 1:00 Dominoes 2:00 Guitar Jam
9 8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 11:30 Super Seniors Beading Club 1:00 Art Class 3:00 Wii Bowling	10 8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 1:30 Super Stretchers 2:00 SAIL Fitness Class 2:00 Beginner Computer Class 3:15 Wii Bowling	11 8:00 Weekday Walkers 9:00 Farkle Dice 11:00 Carter Café & Movie Matinee 1:00 BINGO 2:00 Wii Bowling 2:00 History Class 3:00 Corn Hole Toss	12 8:00 Weekday Walkers 9:00 Cards - Pinochle 10:30 FCE Meeting 11:00 Tai Chi Beginner 11:30 Tai Chi Practice 12:30 Cardio Craze 2:00 SAIL Fitness Class 3:15 Wii Bowling	13 8:00 Weekday Walkers 8:30 Blood Pressure 8:30 Edward Jones Coffee Club 9:00 Cards - UNO 11:00 Movie Matinee 1:00 Dominoes 2:00 Guitar Jam
16  CENTER CLOSED	17 8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 1:30 Super Stretchers 2:00 SAIL Fitness Class 3:15 Wii Bowling	18 8:00 Weekday Walkers 9:00 Farkle Dice 11:30 Dignity Memorial Presentation 1:00 BINGO 2:00 Wii Bowling 2:00 History Class 3:00 Corn Hole Toss	19 National Popcorn Day 8:00 Weekday Walkers 9:00 Cards - Pinochle 11:00 Tai Chi - Beginner 11:30 Tai Chi Practice 12:30 Cardio Craze 2:00 SAIL Fitness Class 3:15 Wii Bowling	20 8:00 Weekday Walkers 9:00 Cards - UNO 11:00 Movie Matinee 1:00 Dominoes 2:00 Guitar Jam
23 8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 11:30 Beading Club 12:00 Lunch Bunch (Mad Greek) 1:00 Art Class 3:00 Wii Bowling	24 8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 1:30 Super Stretchers 2:00 SAIL Fitness Class 2:00 iPad/Tablet Class 3:15 Wii Bowling	25 8:00 Weekday Walkers 9:00 Farkle Dice 11:30 Veterans Services 11:30 Potluck-Comfy & Cozy Casseroles 1:00 BINGO 2:00 Wii Bowling 2:00 History Class 3:00 Corn Hole Toss	26 8:00 Weekday Walkers 9:00 Cards - Pinochle 11:00 Tai Chi - Beginner 11:30 Tai Chi Practice 12:30 Cardio Craze 2:00 SAIL Fitness Class 3:15 Wii Bowling	27 8:00 Weekday Walkers 9:00 Cards - UNO 11:00 Movie Matinee 1:00 Dominoes 2:00 Guitar Jam
30 8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 11:30 Beading Club 1:00 Art Class 3:00 Wii Bowling	31 8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 1:30 Super Stretchers 2:00 SAIL Fitness Class 3:15 Wii Bowling			Thank you to our sponsor  HEALTH MEDICARE LIFE RETIREMENT (865) 691-5571 • www.iictn.com

Carter Senior Center
9040 Asheville Highway
Knoxville, TN 37924

February

Tara Stirone, Coordinator
Jessica Sexton, Assistant
865-932-2939

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>*****</p> <p>For more program information, check out our website: Knoxcounty.org/Senior Services</p> <p>*****</p>	<p>1</p> <p>8:00 Weekday Walkers 9:00 Farkle Dice 11:30 Smoky Mountain Hospice 1:00 BINGO 2:00 Wii Bowling 2:00 History Class 3:00 Corn Hole Toss</p>	<p>2</p> <p>8:00 Weekday Walkers 9:00 Cards - Pinochle 11:00 Tai Chi - Beginner 11:30 Tai Chi Practice 12:30 Cardio Craze 2:00 SAIL Fitness Class 3:15 Wii Bowling</p>	<p>3</p> <p>8:00 Weekday Walkers 9:00 Cards - UNO 11:00 Movie Matinee 1:00 Dominoes 2:00 Guitar Jam</p>
<p>6</p> <p>8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 11:00 Mighty Musical @ TN Theatre 11:30 Beading Club 1:00 Art Class-FREE 3:00 Wii Bowling</p>	<p>7</p> <p>8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 1:30 Super Stretchers 2:00 SAIL Fitness Class 3:15 Wii Bowling</p>	<p>8</p> <p>8:00 Weekday Walkers 9:00 Farkle Dice 11:00 Carter Café & Movie Matinee 1:00 BINGO 2:00 Wii Bowling 2:00 History Class 3:00 Corn Hole Toss</p>	<p>9</p> <p>8:00 Weekday Walkers 9:00 Cards - Pinochle 10:30 FCE Meeting 11:00 Tai Chi - Beginner 11:30 Tai Chi Practice 12:30 Cardio Craze 2:00 SAIL Fitness Class 3:15 Wii Bowling</p>	<p>10</p> <p>8:00 Weekday Walkers 8:30 Blood Pressure 8:30 Edward Jones Coffee Club 9:00 Cards - UNO 11:00 Movie Matinee 1:00 Dominoes 2:00 Guitar Jam</p>
<p>13</p> <p>8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 11:30 Beading Club 1:00 Art Class 3:00 Wii Bowling</p>	<p>14 Valentine's Sweet Treats</p> <p>8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 1:30 Super Stretchers 2:00 SAIL Fitness Class 2:00 Beginner Computer Class 3:15 Wii Bowling</p>	<p>15</p> <p>8:00 Weekday Walkers 9:00 Farkle Dice 11:30 You Float My Boat Valentines Social 1:00 BINGO 2:00 Wii Bowling 2:00 History Class 3:00 Corn Hole Toss</p>	<p>16</p> <p>8:00 Weekday Walkers 9:00 Cards - Pinochle 11:00 Tai Chi - Beginner 11:30 Tai Chi Practice 12:30 Cardio Craze 2:00 SAIL Fitness Class 3:15 Wii Bowling</p>	<p>17</p> <p>8:00 Weekday Walkers 9:00 Cards - UNO 11:00 Movie Matinee 1:00 Dominoes 2:00 Guitar Jam</p>
<p>20</p>  <p>CENTER CLOSED</p>	<p>21</p> <p>8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 1:30 Super Stretchers 2:00 SAIL Fitness Class 3:15 Wii Bowling</p>	<p>22</p> <p>8:00 Weekday Walkers 9:00 Farkle Dice 11:30 Veterans Services 11:30 Potluck - Mardi Gras 1:00 BINGO 2:00 Wii Bowling 2:00 History Class 3:00 Corn Hole Toss</p>	<p>23</p> <p>8:00 Weekday Walkers 9:00 Cards - Pinochle 11:00 Tai Chi Party 12:30 Cardio Craze 2:00 SAIL Fitness Class 3:15 Wii Bowling</p>	<p>24</p> <p>8:00 Weekday Walkers 9:00 Cards - UNO 11:00 Movie Matinee 1:00 Dominoes 2:00 Guitar Jam</p>
<p>27</p> <p>8:00 Weekday Walkers 9:00 Cards - Euchre 10:00 Quilting 11:30 Beading Club 12:00 Lunch Bunch (Aubrey's) 1:00 Art Class-FREE 3:00 Wii Bowling</p>	<p>28</p> <p>8:00 Weekday Walkers 9:00 Cards - Rook 12:30 Cardio Craze 1:30 Super Stretchers 2:00 SAIL Fitness Class 2:00 iPad/Tablet Class 3:15 Wii Bowling</p>		<p>Thank you to our sponsor</p>  <p>HEALTH MEDICARE LIFE RETIREMENT (865) 691-5571 • www.iictn.com</p>	