



2019 Summary of Rules for Secondary Divisions (12U & 14U TACKLE)

- **PLAYER REQUIREMENTS:**
 - Must have completed & submitted Concussion & Head Injury and Sudden Cardiac Arrest Forms
 - Must meet age requirements (based on age on August 1, 2019).
 - Must have turned in Play Up Waiver if choose to play up or approved by KMYFL to play down
 - Agree & abide by Knox County Sports Code of Conduct
 - Player MAY NOT be enrolled in 9th grade or higher (high school or home school)
- **COACH REQUIREMENTS (Head & ALL Assistants):**
 - Must have successfully passed national background screening
 - Must have completed USA Football Level 1 Coach Certification
 - Must have completed and submitted Concussion & Head Injury and Sudden Cardiac Arrest forms.
 - Agree & abide by Knox County Sports Code of Conduct
 - 1 Head Coach & 5 Assistants allowed on sideline during game with Coach ID Badge.
- **CHECK IN BEFORE GAMES: All players and coaches must check in at weigh station before every game.**
- **WEIGHT LIMIT:** Unlimited. **No weigh in, but teams must check in at weigh scale each game.**
- **GAME TIMING:** 8-minute quarters with HS timing rules. No overtime in regular season.
 - If heat rule is in effect, quarters will be 10 minutes with running clock. Clock to stop in last 2 minutes of a half, after a scores, or for timeouts and major injuries.
- **BALL SIZE:** HS or R5-Y
- **PENALTIES:** 5 yards, 10 yards, 15 yards
- **POINT AFTER TOUCHDOWN (PAT):** 1 point for Rush/Pass | 2 points for Kick
- **MERCY RULE:**
 - If a team is winning by 35 or more points in the 2nd half, the clock will run.
 - The clock will only stop for major injuries or timeouts.
 - The clock will revert to standard procedures if the deficit becomes 34 points or fewer.