2019 Summary of Rules for Secondary Divisions
(12U & 14U TACKLE)

- **PLAYER REQUIREMENTS:**
  - Must have completed & submitted Concussion & Head Injury and Sudden Cardiac Arrest Forms
  - Must meet age requirements (based on age on August 1, 2019).
  - Must have turned in Play Up Waiver if choose to play up or approved by KMYFL to play down
  - Agree & abide by Knox County Sports Code of Conduct
  - Player MAY NOT be enrolled in 9th grade or higher (high school or home school)

- **COACH REQUIREMENTS (Head & ALL Assistants):**
  - Must have successfully passed national background screening
  - Must have completed USA Football Level 1 Coach Certification
  - Must have completed and submitted Concussion & Head Injury and Sudden Cardiac Arrest forms.
  - Agree & abide by Knox County Sports Code of Conduct
  - 1 Head Coach & 5 Assistants allowed on sideline during game with Coach ID Badge.

- **CHECK IN BEFORE GAMES:** All players and coaches must check in at weigh station before every game.

- **WEIGHT LIMIT:** Unlimited. No weigh in, but teams must check in at weigh scale each game.

- **GAME TIMING:** 8-minute quarters with HS timing rules. No overtime in regular season.
  - If heat rule is in effect, quarters will be 10 minutes with running clock. Clock to stop in last 2 minutes of a half, after a scores, or for timeouts and major injuries.

- **BALL SIZE:** HS or R5-Y

- **PENALTIES:** 5 yards, 10 yards, 15 yards

- **POINT AFTER TOUCHDOWN (PAT):** 1 point for Rush/Pass | 2 points for Kick

- **MERCY RULE:**
  - If a team is winning by 35 or more points in the 2nd half, the clock will run.
  - The clock will only stop for major injuries or timeouts.
  - The clock will revert to standard procedures if the deficit becomes 34 points or fewer.