2021 Summary of Rules for Secondary Divisions
(12U & 14U TACKLE)

This document is a quick reference.
Full information is available in the KMYFL Tackle Rules

• PLAYER REQUIREMENTS:
  o Must have completed & submitted Concussion & Head Injury and Sudden Cardiac Arrest Forms
  o Must meet age requirements (based on age on August 1, 2020).
  o Must have turned in Play Up Waiver if choose to play up
  o Agree & abide by Knox County Sports Code of Conduct
  o Player MAY NOT be enrolled in 9th grade or higher (high school or home school)

• COACH REQUIREMENTS (Head & ALL Assistants):
  o Must have successfully passed national background screening
  o Must have completed USA Football Level 1 Coach Certification
  o Must have completed and submitted Concussion & Head Injury and Sudden Cardiac Arrest forms.
  o Agree & abide by Knox County Sports Code of Conduct
  o 1 Head Coach & 5 Assistants allowed on sideline during game with Coach ID Badge.

• CHECK IN BEFORE GAMES: All players and coaches must check in at weigh station before every game.

• WEIGHT LIMIT: Unlimited. No weigh in, but teams must check in at weigh scale each game.

• GAME TIMING: 8-minute quarters with HS timing rules. See overtime rules below.
  o If heat rule is in effect, quarters will be 10 minutes with running clock. Clock to stop in last 2 minutes of a half, after a scores, or for timeouts and major injuries.

• OVERTIME: Regular season & bowl games will play up to 3 overtime periods where each team runs 1 play from the 3-yard line. Same PAT rules apply. No timeouts. All overtimes are played on the same end of the field. If tied after 3 OTs, the game ends in a tie. For Playoffs, TSSAA OT rules are used where each team has a possession that begins on the 10-yard line.

• BALL SIZE: HS or R5-Y

• PENALTIES: 5 yards, 10 yards, 15 yards

• POINT AFTER TOUCHDOWN (PAT): 1 point for Rush/Pass | 2 points for Kick

• MERCY RULE:
  o If a team is winning by 35 or more points in the 2nd half, the clock will run.
  o The clock will only stop for major injuries or timeouts.
  o The clock will revert to standard procedures if the deficit becomes 34 points or fewer.