



Knox County Health Department

140 Dameron Avenue, Knoxville, TN 37917

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KCHD to Recognize Senior Fall Prevention Awareness Day

Knoxville, Tenn. – The Knox County Health Department and the Knoxville-Knox County Senior Safety Task Force will host the annual Fall Prevention Awareness Day event at the John T. O’Connor Senior Center on Friday, September 20 from 9 a.m. – noon.

“Falls continue to be a major health risk for older adults, often causing injuries and reducing their ability to live independently,” said KCHD Public Health Educator Rachel Frazier. “This event will help people assess their fall risk and make changes so they can stay on their feet!”

Attendees will:

- Learn how to make their home safer
- Get their vision checked
- Speak with a pharmacist about medications
- Learn which exercises help prevent falls
- Get a balance screening

About Knox County Health Department

The first health department in Tennessee to achieve national voluntary accreditation by the Public Health Accreditation Board, the Knox County Health Department (KCHD) is dedicated to ensuring the conditions in which every resident can be healthy. For more information, visit www.knoxcounty.org/health.

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