



Knox County Health Department

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KCHD Spotlights Veterans' Mental Health in Recent Report

Knoxville, Tenn. – The Knox County Health Department is releasing its third and final condensed report in honor of Mental Health Awareness Month. Today's report focuses on veterans.

"Veterans and service members have unique experiences which are important to acknowledge when considering mental health," said Dr. Corinne Tandy, Division Director of Epidemiology at KCHD. "This report takes a look at the primary mental health concerns facing veterans and provides a list of resources for those in need of services."

Notable findings from the report include:

- Veterans accounted for approximately 15% of all suicides in Tennessee.
- PTSD affects at least 25% of veterans with life-threatening war zone experience.
- In 2018, Knox County veterans reported *fewer* days of poor mental health in the past month (4 days) compared to non-veterans (5.8 days).

The full report can be found [here](#).

About Knox County Health Department

The first health department in Tennessee to achieve national voluntary accreditation by the Public Health Accreditation Board, the Knox County Health Department (KCHD) is dedicated to ensuring the conditions in which every resident can be healthy. For more information, visit <http://www.knoxcounty.org/health>.

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