



Knox County Health Department

140 Dameron Avenue, Knoxville, TN 37917

MEDIA ADVISORY:

KCHD to recognize local businesses prioritizing worksite wellness

WHAT: KCHD, along with the East Tennessee Wellness Roundtable, is hosting a recognition ceremony to celebrate five local businesses who are taking steps to support worksite wellness. Media is welcome to attend.

WHEN: Thursday, May 18 at 8:30 a.m.

WHERE: Ancient Lore Village
7107 Sevierville Pike, Knoxville, TN 37920

BACKGROUND: This recognition is granted annually and is awarded to employers who meet a series of criteria that includes: the promotion of physical activity, nutrition, breastfeeding, mental health, as well as the prevention of substance misuse and tobacco use. Worksites can apply for equipment that support wellness initiatives, such as blood pressure monitoring cuffs, exercise equipment, and lactation room supplies.

“Wellness and productivity go hand in hand because a healthy employee is a productive one,” said KCHD Registered Dietitian and ETWR Chair Kaela McIver. “Research has also proven again and again that wellness programs decrease health insurance costs for the employer.”

The worksites that will be recognized at this ceremony are as follows:

Bronze Award:

- Muse Knoxville
- Federal Defenders of Eastern Tennessee

Gold Award:

- Nourish Knoxville
- Profile Plan

Platinum Award:

- Y-12 National Security Complex

FOR MORE INFORMATION:

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