November/December 2016

Corryton Connection

Knox County Corryton Senior Center • 865-688-5882 Phone • 865-688-5964 Fax • www.knoxcounty.org/seniors or email: greg.hill@knoxcounty.org

865-688-5882 Ph.
865-688-5964 Fax

Corryton Connection is made possible by the generous support of Covenant Health
1901 Clinch Ave.,
Knoxville, TN 37916

Note from Platinum Mayor's Senior Appreciation Picnic Sponsor

Confused about MEDICARE? We Make It SIMPLE!
Medicare Annual Enrollment is here! We know that all the news on Medicare insurance companies, premium increases, deductibles rising, and sky rocketing out of pocket costs can be confusing. As your locally owned and independent agency, Independent Insurance Consultants is here to answer all of your questions! The Medicare Annual Enrollment period ends December 7th and we want all Knox County seniors to please call us for your complimentary Medicare insurance and Part D review.

MEDICARE Is Confusing.

We Make It SIMPLE!
865-691-5571

Blake W. McCoy
Independent Insurance Consultants
www.iictn.com

Independent Insurance Consultants
HEALTH | MEDICARE | LIFE | RETIREMENT

Covenant Health Sponsorship Thank You!

Since the opening of the Corryton Senior Center, Covenant Health has been the sponsor of the Corryton Connection that you receive every other month. Not only has Covenant Health sponsored our newsletters, they have been responsible for support for many of our key programs that we provide to our community. With that being said, the staff and constituents of the Corryton Senior Center would like to thank Covenant Health for their many years of support and look forward to many more years of collaboration! Special thanks to Mr. Stan Boling for his tremendous dedication to seniors here and all around Knox County and East Tennessee.

Covenant HEALTH

NOVEMBER SUPER SENIORS DATE CHANGE

Due to Super Seniors falling on Election Day, Tuesday, November 8th, the regularly scheduled Super Seniors meeting will be moved to the next day, Wednesday, November 9th at its regularly scheduled time of 10:30 AM. If you have any questions or concerns, please don't hesitate to contact Greg or Jill at 865-688-5882.

Christmas Cookie Swap

Sweets! Treats! Yummy Goodness! Don't miss our annual Christmas Cookie Swap on Wednesday, December 21st at 10 AM. Make a batch of your favorite Christmas treats and bring them to share with the group. We will have plenty of coffee to go with these wonderful treats. Stay and enjoy a game of dominoes and lunch after the swap. To sign up or for more information, please contact the Corryton Senior Center at 865-688-5882.

Merry Christmas and Happy New Year
-Corryton Senior Center Staff

Notable Dates

Veterans Day
November 11
Center Closed

Thanksgiving
November 24 & 25
Center Closed

Christmas
December 23 &26
Center Closed

Stay Healthy During the Holidays

Walgreens AT THE CORNER OF HAPPY & HEALTHY™

Get the most out of this holiday season by spreading love and cheer… not germs! Take all of the proper steps this year to decrease the spread of those nasty little germs by doing the simple things like washing your hands before eating, use hand sanitizer frequently, and covering your mouth when you cough or sneeze. Don't forget to stop by for any and all of your healthcare supplies. Walgreens would like to wish you and your family the happiest and healthiest holiday season!

Pat Summitt Clinic Tour

THE Pat Summitt™ FOUNDATION

As East Tennesseans, we know the name and legacy of the Legendary Coach Pat Summitt. Though she is not with us anymore, her legacy of greatness lives on through the Pat Summitt Foundation and the fight against Alzheimer's disease. Opening in late December into January, the Pat Summitt Clinic will be opened and in collaboration with the Pat Summitt Foundation, you will have a chance to tour the clinic. Though the date and time of the tour is not set at this time due to construction timelines, we would like to get an idea of how many would like to attend this tour. If you are interested in taking a tour of this state of the art clinic, please pre-register for the tour by calling Greg or Jill at 865-688-5882. It is important to pre-register so the tour providers can make proper accommodations. Thank you to the Pat Summitt Foundation to making this possible.

Clear Captions Lunch Presentation

On Wednesday, December 7th and 12 PM, Jeff Bales from Clear Captions will be providing Fire House Subs for lunch and making a presentation on the highly demanded Clear Captions phones for seniors with hearing disabilities (that are free of charge to those who can prove they have hearing loss). There have been many people from our community that have and use these phones. If you are interested in taking advantage of a free lunch and a great product, call and sign up no later than Monday, December 5th to RSVP for this event.

Christmas Ornament Craft Class#2

In case you missed us in October, join us on Monday, November 14th at 1 PM for a Christmas ornament making class. Our own Jill Green will be teaching you to make two different types of ornaments that your family will cherish for a lifetime. Supply lists are available at the Corryton Senior Center. Please contact Jill at 865-688-5882 to reserve your spot for this wonderful class.

Chili Cook-off

Time to break out that famous family chili recipe and enter it in our 4th Annual Corryton Chili Cook-off on Thursday, November 17th at 11:30 AM. This will be held during our monthly Main Munch Potluck event. We ask that if you do not make chili you bring side items or deserts that will go with the food. Please be sure to contact the Corryton Senior Center to RSVP for the lunch and what you will be bringing.

Christmas Party (Ugliest Christmas Sweater)

On Thursday, December 15th, at 11:30 AM we will hosting a Christmas Party at the Corryton Senior Center. Honey Glazed Ham will be on the menu for this wonderful Christmas event. Participants are encouraged to wear the "Ugliest Christmas Sweater" you own to help you stick out of the bunch. We will be showing a Christmas movie during lunch and your whole family is welcome to attend. This Christmas party is made possible by Independent Insurance Consultants and we all know at this time of year, there is no telling who may show up! Ho…Ho.. Hope to see you here! Please RSVP.

SUPER SENIORS AT CCC!

All Seniors are encouraged to attend the Corryton Community Center's Super Seniors meetings. Meetings are generally held the 2nd Tuesday of each month at 10:30 a.m. Meetings have entertainment and offer a meal for a very low cost. We would love for you to be a part of this group. Just call 688-5882 to get on the call list. **Please RSVP!!!** It is very important for us to know how many people will be in attendance so we can provide ample food for our group. The entertainment for the upcoming months are:

November 9th (Wednesday)- Veterans Program

December 13th- Christmas Show

Be sure to stop by to see the House Mountain Quilters craft table set up at the Super Seniors meeting.

Main Munch Potluck Schedule Sponsored by Independent Insurance Consultants

Independent Insurance Consults has been a long time sponsor of the Corryton Senior Center and continues their dedication to the seniors of our community with their monthly sponsorship of the main dish for our potluck. We would like to thank IIC for their generous support and contributions to our community.

November 17th: Chili Cook-off

*December 15th: Glazed Ham

*One week early due to Christmas holiday

Book Club Corner

Page Turners Book Club Books

November 18th
Dimestore: *Lee Smith*

December 9th
A Christmas Memory: *Truman Capote*

Book Marks Book Club (New)

Books: *The Invention of Wings:* Sue Monk Kidd
The Orphan Keeper: Camron Wright
A Man Called Ove: Fredrik Backman

Thank You Veterans

Thank you to all of our veterans that have served our country. Without the service and sacrifices of the brave men and women of our military, we would not have the opportunities that we have enjoyed throughout our lives. Thank you and may each of us treat everyday as Veterans Day in our heart.

Knox County Veteran Services Corryton Schedule

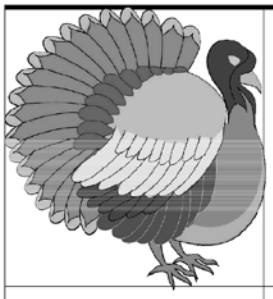
Each month Knox County Veterans Services Officer Mark Lett visits the Corryton Senior Center to be available to assist any and all veterans in the Corryton/Gibbs community. Please feel free to come see Mark regarding any questions or needs you may have on the following dates:

November 8th and **December 13th**

Veterans Services officer arrives at 10 AM on these dates.

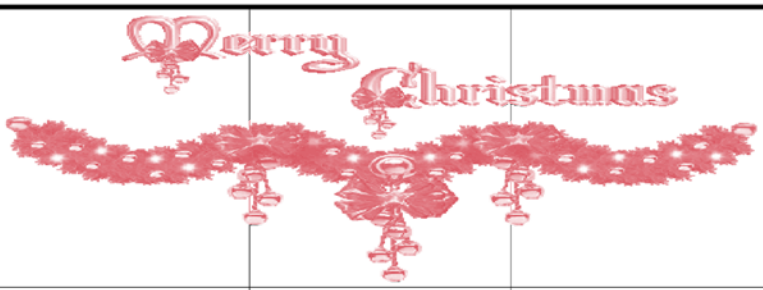
November 2016

Greg Hill, Center Coordinator
Jill Green, Center Assistant
(865) 688-5882

Mon	Tue	Wed	Thu	Fri
	*1* 9:00 Billiards 9:00 Strong By Zumba 10:30 Garden Club 1:00 Pinochle	*2* 9:00 Billiards 9:00 Quilting 10:00 Dominoes 11:00 Crochet 11:00 Open Game 1:00 Rook	*3* 9:00 Billiards 9:00 Strong By Zumba 9:00 Quilting 9:00 Canasta 1:00 Pinochle	*4* 9:00 SAIL 9:00 Billiards 11:00 Zumba Gold 11:00 Cross-Stitch 1:00 Card Class
7 9:00 SAIL 9:00 Billiards 10:00 Dominoes 10:00 Quilting 11:00 Open Game 1:00 Zumba	*8* 9:00 Billiards 9:00 Strong By Zumba 10:00 Veteran Services 1:00 Pinochle	*9* 9:00 Billiards 9:00 Quilting 10:30 Super Seniors 11:00 Crochet 11:00 Open Game 1:00 Rook	*10* 9:00 Billiards 9:00 Strong By Zumba 9:00 Quilting 9:00 Canasta 1:00 Pinochle	
14 9:00 SAIL 9:00 Billiards 10:00 Dominoes 10:00 Quilting 11:00 Open Game 1:00 Zumba 1:00 Ornament Class	*15* 9:00 Billiards 9:00 Strong By Zumba 10:00 Scrapbooking 1:00 Pinochle	*16* 9:00 Billiards 9:00 Quilting 10:00 Dominoes 11:00 Crochet 11:00 Open Game 1:00 Rook	*17* 9:00 Billiards 9:00 Strong By Zumba 9:00 Quilting 9:00 Canasta 11:30 Chili Cook-off 1:00 Pinochle	*18* 9:00 SAIL 9:00 Billiards 10:00 Page Turners 11:00 Zumba Gold 11:00 Cross-Stitch
21 9:00 SAIL 9:00 Billiards 10:00 Dominoes 10:00 Quilting 11:00 Open Game 1:00 Zumba	*22* 9:00 Billiards 9:00 Strong By Zumba 1:00 Pinochle	*23* 9:00 Billiards 9:00 Quilting 10:00 Dominoes 11:00 Crochet 11:00 Open Game 1:00 Rook		
28 9:00 SAIL 9:00 Billiards 10:00 Dominoes 10:00 Quilting 11:00 Open Game 1:00 Zumba	*29* 9:00 Billiards 9:00 Strong By Zumba 1:00 Pinochle	*30* 9:00 Billiards 9:00 Quilting 10:00 Dominoes 11:00 Crochet 11:00 Open Game 1:00 Rook		

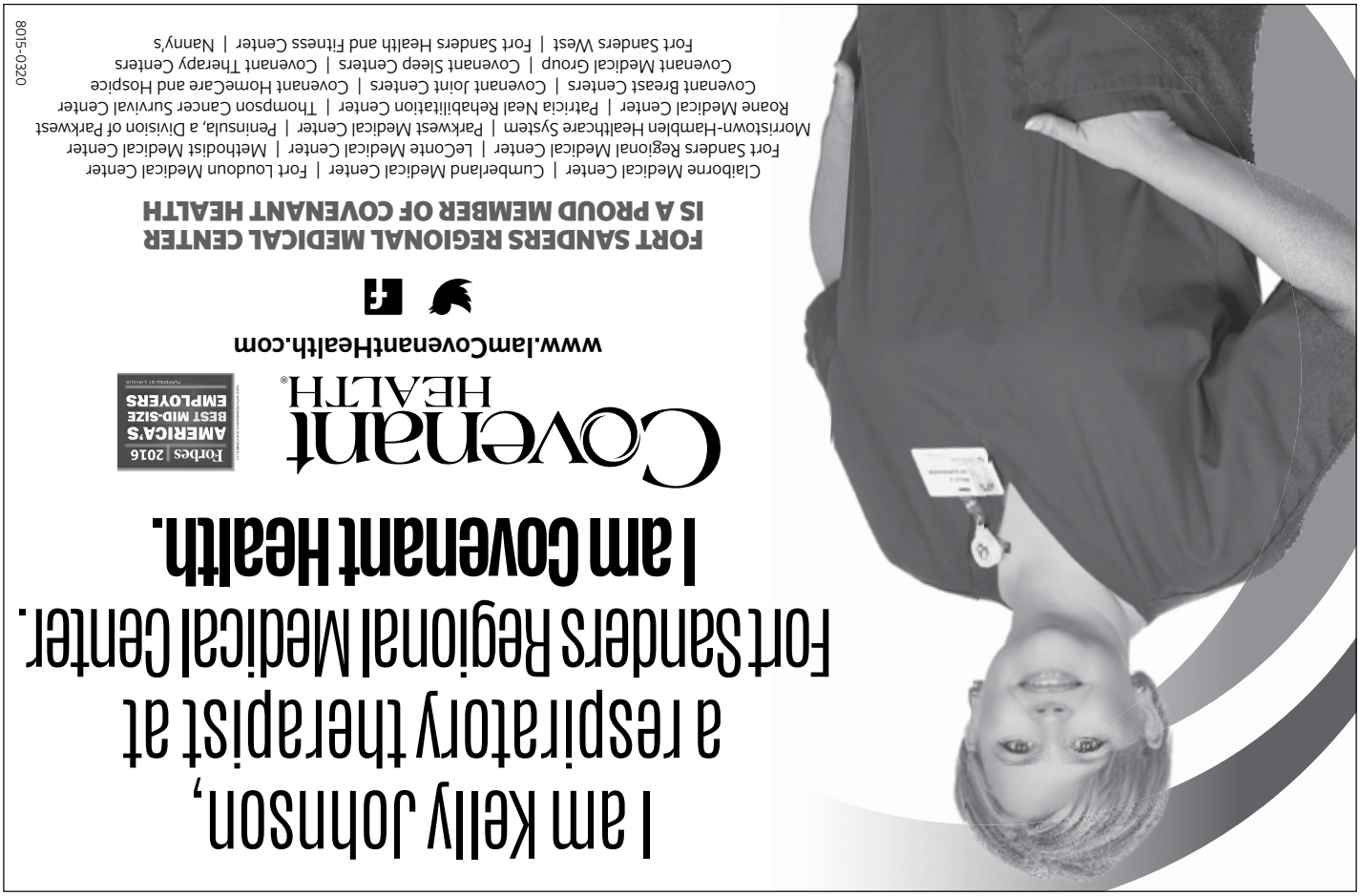
Greg Hill, Center Coordinator
Jill Green, Center Assistant
(865) 688-5882

December 2016

Mon	Tue	Wed	Thu	Fri
			*1* 9:00 Billiards 9:00 Strong By Zumba 9:00 Quilting 9:00 Canasta 1:00 Pinochle	*2* 9:00 SAIL 9:00 Billiards 11:00 Zumba Gold 11:00 Cross-Stitch 1:00 Card Class
5 9:00 SAIL 9:00 Billiards 10:00 Dominoes 10:00 Quilting 11:00 Open Game 1:00 Zumba	*6* 9:00 Billiards 9:00 Strong By Zumba 10:30 Garden Club 1:00 Pinochle	*7* 9:00 Billiards 9:00 Quilting 10:00 Dominoes 11:00 Crochet 11:00 Open Game 1:00 Rook	*8* 9:00 Billiards 9:00 Strong By Zumba 9:00 Quilting 9:00 Canasta 1:00 Pinochle	*9* 9:00 SAIL 9:00 Billiards 10:00 Page Turners 11:00 Zumba Gold 11:00 Cross-Stitch
12 9:00 SAIL 9:00 Billiards 10:00 Dominoes 10:00 Quilting 11:00 Open Game 1:00 Zumba	*13* 9:00 Billiards 10:00 Veteran Services 10:30 Super Seniors 1:00 Pinochle	*14* 9:00 Billiards 9:00 Quilting 10:00 Dominoes 11:00 Crochet 11:00 Open Game 1:00 Rook	*15* 9:00 Billiards 9:00 Strong By Zumba 9:00 Quilting 9:00 Canasta 11:30 Christmas Party 1:00 Pinochle	*16* 9:00 SAIL 9:00 Billiards 11:00 Zumba Gold 11:00 Cross-Stitch
19 9:00 SAIL 9:00 Billiards 10:00 Dominoes 10:00 Quilting 11:00 Open Game 1:00 Zumba	*20* 9:00 Billiards 9:00 Strong By Zumba 1:00 Pinochle	*21* 9:00 Billiards 9:00 Quilting 10:00 Dominoes 10:00 Cookie Swap 11:00 Crochet 1:00 Rook	*22* 9:00 Billiards 9:00 Strong By Zumba 9:00 Quilting 9:00 Canasta 10:00 Novel Ideas 1:00 Pinochle	*23*
	27 9:00 Billiards 9:00 Strong By Zumba 1:00 Pinochle	*28* 9:00 Billiards 9:00 Quilting 10:00 Dominoes 11:00 Crochet 11:00 Open Game 1:00 Rook	*29* 9:00 Billiards 9:00 Strong By Zumba 9:00 Quilting 9:00 Canasta 1:00 Pinochle	*30* 9:00 SAIL 9:00 Billiards 11:00 Zumba Gold 11:00 Cross-Stitch

KNOX COUNTY
CORRYTON SENIOR CENTER
9331 Davis Drive
Corryton, TN 37721

RETURN SERVICE REQUESTED

PRSRT STD
US POSTAGE
PAID
KNOXVILLE,TN
PERMIT NO. 1

Tim Burchett, Knox County Mayor
Buzz Buswell, Director Veterans & Senior Services
April Tomlin, Senior Services Manager
Greg Hill, Corryton Senior Center Coordinator
Jill Green, Corryton Senior Center Assistant
(865)688-5882
www.knoxcounty.org/seniors
greg.hill@knoxcounty.org