

## Knox County Senior Centers

Mayor Mike Ragsdale has demonstrated a commitment to caring for Knox County seniors. The county operates senior centers in West (Frank Strang Senior Center) and East Knox County (Corryton), North (Halls) and South Knoxville. The county also provides funding for the John T. O'Connor Center, operated by the City of Knoxville. The centers are designed to promote recreational, social and educational opportunities for active adults age 50 and older through a variety of recreational programs and activities. In addition, there are monthly special events, dances and card games.



### Frank Strang Senior Center

109 Lovell Heights Road • 670-6693

Hours: Tues./Thurs., 7:30 a.m. - 7 p.m.;  
Mon./Wed./Fri., 7:30 a.m. - 4 p.m.

The newly expanded Frank R. Strang Senior Center has increased its operations and programming. The facility features a computer center, an arts and crafts room, a large card room, and a multi-purpose room for dancing and exercising.

Programming includes:

- Card games
- Dancing
- Exercise (in collaboration with Covenant Health Systems)
- "Lunch and Learn" seminars
- Computer classes
- Off-site trips
- Arts and crafts classes
- Monthly health screenings



### John T. O'Connor Senior Center

611 Winona Street • 523-1135

Hours: Mon. - Fri., 8 a.m. - 4 p.m. with  
special hours for evening and weekend  
activities.

The John T. O'Connor Senior Center (a non-profit, social service agency of the Knoxville-Knox County Community Action Committee's Office on Aging) serves as a community focal point where senior adults age 55 years and over can gather to participate in programs that improve and enrich their quality of life and broaden their involvement in the community.

The center offers opportunities for involvement in five basic areas:

- Health education and screening
- Physical fitness
- Recreation
- Education
- Volunteerism



**John T. O'Connor  
Senior Center  
Photography Club**

**The centers are part of the Knox County Senior Citizen and Volunteer Services department. For more information on any of Knox County's Senior Centers, contact Hemal Tailor at 215-4044.**

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A calendar of activities can be found in the monthly newsletter of the Knox County Office on Aging, *Elder News and Views*; the Sunday edition of the *Knoxville News-Sentinel*; or by calling 523-1135.



#### **Corryton Senior Center**

9331 Davis Lane • 688-5882

Hours: Mon. - Fri., 8 a.m. - 4:30 p.m.

Corryton Senior Center's 4,800-square-foot expansion includes an indoor walking track, exercise room with commercial grade treadmills, elliptical machines, and a multi-purpose gym. The center also features a billiard room with two regulation-sized pool tables, a computer center, an arts and crafts room, and a meeting room.

Programming will include:

- exercise classes (in coordination with Covenant Health Systems)
- card games
- computer classes
- arts and crafts classes

#### **Halls Senior Center**

4410 Crippen Road • 922-0416

Hours: Mon. - Fri., 9 a.m. - 5 p.m.



The newly constructed Halls Senior Center is open. The facility features a state-of-the-art computer center, a billiards room with two regulation-size pool tables, an arts and crafts room, a card/conference room, a large kitchen, and three porches. The center is also home to the largest multi-purpose room at any of the Knox County Senior Centers, with a seating capacity of 299 people. The center will be available to the public for community events.

Programming will include:

- card games
- bingo
- dancing
- exercising (in collaboration with St. Mary's Health Systems)
- "Lunch and Learn" seminars
- computer classes
- arts and crafts classes

#### **South Knoxville Senior Center**

6729 Matrel Lane

Knox County has broken ground on a new South Knoxville Senior Center, with a preliminary size of 6500 square feet. Construction is expected to be complete by January 2007.