



**COBRA OPTIONS 2009**  
*"It's up to You!"*

## Updates for 2009

- ✓ There are no changes to benefits or rates for any of the medical plans or to United Dental.
- ✓ Delta Dental will have a 9% increase for 2009. The benefits will not change.
- ✓ Spectera Vision is now called UnitedHealthcare Vision. Rates and benefits are the same; just the name has changed.

## COBRA RATES 2009

### Medical Coverage ♦ Monthly rates

	<u>Individual</u>	<u>Individual + 1</u>	<u>Family</u>
Consumer	\$ 412.72	\$ 834.47	\$ 987.47
Silver Traditional	\$ 421.71	\$ 859.84	\$ 1,012.84
Gold Traditional	\$ 450.13	\$ 956.29	\$ 1,109.29
Choice Traditional	\$ 455.23	\$ 976.69	\$ 1,129.69

### Dental & Vision ♦ Monthly Rates

	<u>Individual</u>	<u>Family</u>
Delta Dental	\$ 29.85	\$ 87.02
UnitedHealthcare Dental	\$ 9.75	\$ 36.10
UnitedHealthcare Vision	\$ 7.53	\$ 18.08