

# Knox County Health Department

# Student Success

PUBLISHED **FALL**, SPRING & SUMMER

## Featured interns

### Interns promote youth health through Safe Routes to School

Safe Routes To School (SRTS) reduces child obesity and promotes adolescent health. This fall, three interns assisted with planning, implementing, and evaluating SRTS.



(from left) Liliana Burbano-preceptor; Senora Gray and Syeta Young-ETSU BS Public Health; Cayla Roberts-TN Wesleyan BS Human Services

- Organized Pedestrian Safety Trainings

#### Where are the interns now?

All three interns graduated in December. They are applying for jobs and plan to pursue an MPH in the future.

#### Deliverables

- Developed baseline survey to evaluate kids already walking to school
- Organized four elementary Walking School Buses and two middle school walking programs
- Coordinated International Walk to School Day Event
- Conducted several media reviews for SRTS events and programs
- Strengthened SRTS



**Fall  
2015**

**8 Interns**

**+ 80 Clinicals**

**= 88 students**  
who spent 2,254 hours  
applying academic  
training to public  
health setting

#### Intern Majors

- Human Services
- Dental
- Kinesiology
- Nutrition
- Public Health

KCHD is an **Academic Health Department**. [Click here](#) to learn about our partnership with the University of Tennessee, Department of Public Health.



## Nutrition class conducts three food environment assessments; more than 2,000 people expected to be impacted

Every fall, UT Nutrition professor, Dr. Marsha Spence, partners with Knox County Health Department for Nutrition 505 students to assess food environments and help move communities toward environment and policy changes that promote access to healthy foods. This fall, students did 3 projects:



**Project 1:** Assessed healthy food options in several convenience, corner, and grocery stores located in East Knoxville; results will be used to expand the Healthy Corner Store initiative in Knoxville

**Project 2:** Conducted environmental assessment and plate waste study of two Boys and Girls Club sites to determine if the meals provided by CAC Mobile Meals are being eaten; results will inform another student project next semester where students will create a meal serving protocol and a pledge and list of acceptable non-food items outside organizations can donate as incentives



**Project 3:** Performed a community assessment and then created parameters for what items should be considered and included in a Healthy Cornerstore; results will set parameters for this Healthy Cornerstore and for all others in the future



### Value & impact

- 10 students contributed throughout the semester
- 3 KCHD employees invested 65 hours guiding and mentoring students
- >250 people in Knox County were engaged in the assessments
- >2,000 are expected to be impacted by results
- The project helped KCHD reach their objectives faster
- Final products will be useful
- Two assessments (project 2 & 3) meet an existing grant objective

### ACADEMIC HEALTH DEPARTMENT

*Bridging Knowledge | Improving Health*

#### Contact Us

Direct student inquiries to Julie Grubaugh, Academic Health Department Coordinator.

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**Typical intern majors:** Public health, nursing, kinesiology, child and family studies, nutrition, social work, pharmacy and more! Typical length is 52-510 hours. Internships are unpaid.

[www.knoxcounty.org/health](http://www.knoxcounty.org/health)

## Knox County Health Department

 Every Person, A Healthy Person

### OUR VISION

Every Person, a Healthy Person

### OUR MISSION

To encourage, promote and assure the development of an active, healthy community through innovative public health practices

### CORE VALUES

- Responsiveness and commitment to our community
- Accountability and integrity in our operation
- Excellence through evidence-based and innovative practices
- Leading by example