

Contact

Tammy Rickard, RN
Jefferson County School Nurse
2417 Hopkins Road
Talbot, TN 37877
(865) 475-6320
TnurseRn@aol.com

Target Population

Children/Adults

Name of Program

Other: Informal- just tracking selves with school nurse

Funding Source(s)Funding Period

Renewable No

Brief Description

Individuals are challenged to make 2 improvements this year. We discuss healthy goals and ideas when they weigh in and do weekly blood pressures. Many are participating at this point, but we would like to do more in future.

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Nutrition classes are done in elementary grades each spring. This year staff is focusing on changing one healthy food habit and do one thing better exercise-wise.

East Tennessee 2 Step Healthy Weight Initiative School Profile

Contact

Jan Chrisman
Dandridge Elementary
780 S Hwy 92
(865) 397-3127
JAMNc6@aol.com

Target Population

Children

Name of Program

Nutrition class

Funding Source(s)

Other

Funding Period

Renewable No

Brief Description

Had optional afternoon class promoting nutrition and extra activity

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation No

Comments

East Tennessee 2 Step Healthy Weight Initiative School Profile

Contact

Sophie Parang
Morning Star Child Development Center
10614 Flikenger Lane
Knoxville, TN 37922
(865) 671-0244
Morningstared@Tds.net

Target Population

Children

Name of Program

Fuelin' & Movin'

Funding Source(s)

Other: Health Department

Funding Period

Renewable

Brief Description

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Debbie Stair
Knox County Head Start
2400 Piedmont

(865) 522-2193
dmstair@aol.com

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

Head Start

Funding Source(s)

Funding Period

Renewable No

Brief Description

Provide accurate nutrition education to our families (obesity is growing at a rapid rate with our children). Goal: to find safe places for children and families to increase their activity.

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Contact

Thackston School
2023 Lake Avenue
Knoxville, TN 37916
(865) 522-0729
dwofford@thackstonschool.com

Target Population

Children

Name of Program

Thackston School

Funding Source(s)

Other: tuition

Funding Period September to September
Renewable

Brief Description

Private Preschool and Pre-Kindergarten

Materials Purchased No (Donated)

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Ashley Krajewski, MS-MPH graduate student
University of Tennessee Nutrition Department
1215 W. Cumberland Avenue
229 Jessie Harris Building
Knoxville, TN 37996-1920
(865) 974-5445

Target Population

Children

Name of Program

Youth Can!

Funding Source(s)

Nonprofit Grant

Funding Period

Renewable Yes

Brief Description

Research project testing the effectiveness of nutrition intervention in combination with student counsels in 5th graders in Monroe County elementary schools.

Materials Purchased Yes

Materials Developed Yes (both)

Conducting Tracking/Evaluation Yes

Comments

Contact

Karen Blomdahl
Family Resource Center-Jefferson County Schools
341 W Broadway Boulevard
(865) 475-4596
blomdahlk@k12tn.net

Target Population

Children

Name of ProgramFunding Source(s)Funding PeriodRenewableBrief DescriptionMaterials PurchasedMaterials DevelopedConducting Tracking/EvaluationComments

We will be starting a grant program at Jefferson Elementary and will focus on exercise and nutrition.

Contact

Jerry L. Loveday
Jefferson Middle School
361 W Broadway Boulevard
(865) 475-6133
Lovedayj@k12tn.net

Target Population

Children

Name of ProgramFunding Source(s)Funding Period

Renewable

Brief DescriptionMaterials PurchasedMaterials DevelopedConducting Tracking/EvaluationComments

I currently teach health and wellness to 6th and 8th graders. I have around 300 students per year rotate through my class. I am interested in implementing something in my program that deals with overweight and obesity since there are so many students affected by this.

Contact

Lorraine Boatman-Watson
Anderson County Schools' Preschool Department
708 North Main Street
Clinton, TN 37716
(865) 463-2833
lbwatson@acs.ac

Target Population

Children/Adults

Name of Program

Anderson County Head Start has a program goal for 2004-2005 to teach preschool children good nutrition practices and to educate their parents on the nutrition and physical activity needs of children. The curriculum is called "Color Me Healthy."

Funding Source(s)

Other: Curriculum materials and staff training provided by U.T. Extension Department.

Funding Period

Renewable No

Brief Description

"Color Me Healthy" is a preschool children's program on eating healthy and being active. The program uses sight, sound, touch and taste to teach children healthy eating habits (See attached parent newsletter)

Materials Purchased No (Given by U.T. Extension Office)

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

East Tennessee 2 Step Healthy Weight Initiative School Profile

Contact

Sonia A. Hardin
Monroe County Department of Education
205 Oak Grove Road
Madisonville, TN 37354
(865) 442-5592
sonia@monroek12.org

Target Population

Children/Adolescents

Name of Program

Coordinates School Health

Funding Source(s)

State/Other (Local)

Funding Period

Renewable Yes

Brief Description

Meal Planning with Registered Dietician; Taking 10 curriculum

Materials Purchased Yes

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

