

Contact

Cecileia Shultz
Monroe County Health Department
310 Tellico Street
Madisonville, TN 37350
(865) 442-3993

Target Population

Children/Adolescents/Adults (Women specifically)

Name of Program

WIC

Funding Source(s)

Federal

Funding Period Every 4 years

Renewable Yes

Brief Description

Nutrition Education to prenatal, postpartum breast feeding, mothers of children age 0-5 years.

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation No, because regional evaluating

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Carmen West- Nutrition Education
Monroe County Health Department
310 Tellico Street
Madisonville, TN 37354
(423) 442-8999

Target Population

Children/Adolescents/Adults (Women specifically)

Name of Program

WIC

Funding Source(s)

Federal

Funding Period

Renewable Yes

Brief Description

WIC- Women of Infants and Children
Nutritional supplemental food program

Materials Purchased Yes

Materials Developed No

Conducting Tracking/Evaluation No

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Union-Grainger Primary Care, Inc.
Cherokee Health Systems
P.O. Box 279
4330 Maynardville Highway
Maynardville, TN 37807
Shamon.polson@cherokeehealth.com

Target Population

Children/Adolescents/Adults/Seniors (those with Diabetes in each category)

Name of Program

Southeast Health Disparities Collaborative

Funding Source(s)

Fed 330

Funding Period

Renewable Yes

Brief Description

Community health center- focus on Diabetes management

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Childhood obesity is target in our health plan

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Katy Hasty
Sevier County Health Department
P.O. Box 4648
Sevierville, TN 37864
(865) 453-1032
Kathryn.H.Hasty@state.tn.us

Target Population

Children/Adolescents/Adults (Women specifically)

Name of Program

WIC

Funding Source(s)

Federal

Funding Period

Renewable

Brief Description

Women, Infants, and Children Nutrition Program

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Lorna S. Emond (Works with KCHD)
2626 Myers Drive
Kodak TN 37764
(865) 933-0103
songbirdfarm@aol.com

Target Population

Children/Adolescents/Adults (specifically women)

Name of Program

WIC

Funding Source(s)

Federal

Funding Period

Renewable Yes

Brief Description

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Susan H. Leach, MS/RD/LDN
Roane Medical Center
412 Davanee St
Harriman, TN
(865) 882-4481
s.h.leach@worldnet.att.net

Target Population

Name of Program

Funding Source(s)

Funding Period
Renewable

Brief Description

Materials Purchased
Materials Developed
Conducting Tracking/Evaluation

Comments

95% of our patient population is obese- reason for interest in program

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Rebekah Harper and Susan Murphy
Jefferson Memorial Hospital
110 Hospital Drive
(865) 471-2512
rwharper@stmaryshealth.com

Target Population

Children

Name of Program

Subcommittee to Jefferson County Health Council “Youth”

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation No

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Connie S. Seal
ENT- IV Technician
Cherokee Health Systems
180 Emory Road
Blaine, TN 37709
(865) 933-4110

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

Cardiovascular Collaborative

Funding Source(s)

State

Funding Period 1 year

Renewable Yes

Brief Description

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Rita Hall
Cherokee Health Systems
180 Emory Road
Blaine, TN 37709
(865) 414-9483
rita.hall@cherokeehealth.com

Target Population

Name of Program

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Our physicians see many patients in Grainger and Claiborne counties with obesity related problems, but there are few community resources to support these patients with weight loss.

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Laurie Stanton, MS/RD
Tennessee Department of Health Nutrition Services
425 5th Avenue N
Cordell Hull Building, 5th floor
Nashville, TN 37247
(615) 532-8192
laurie.stanton@state.tn.us

Target Population

Name of Program

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

I am currently working with the State Department of Health and a proposal for a statewide childhood obesity prevention program. I serve on the board for the Tennessee Healthy Weight Network. I am very interested to hear received for this work as there are few proven strategies.

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Michael F. Shipe
Blount Memorial Hospital
907 East Lamar Alexander Parkway
(865) 977-4739
mslpe@bmnet.com

Target Population

Adults/Seniors

Name of Program

Medical Fitness

Funding Source(s)

Self pay program

Funding Period

Renewable

Brief Description

Medical fitness is a supervised exercise program for individual with chronic diseases including: cardiovascular, pulmonary, metabolic, and orthopedic conditions.

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evalary Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Laura T. Harrill
Blount Memorial Hospital
Blount County Community Health Initiative
907 East Lamar Alexander Parkway
Maryville, TN 37804
(865) 977-5718
lharrill@bmnet.com

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

“Healthier Blount”

Funding Source(s)

Hospital Foundation and departmental budgets

Funding Period

Renewable Yes (year to year)

Brief Description

Programs across the community schools, assisted living, business with festival all day for Saturday in Spring.

Materials Purchased

Materials Developed Yes (some)

Conducting Tracking/Evaluation Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Juanita U. Cannon
Community Leader
3114 Culpepper Road
Knoxville TN
(865) 524-8391
CannonJU@aol.com

Target Population

Adults

Name of Program

Healthy for Life

Funding Source(s)

St. Mary's

Funding Period don't know

Renewable

Brief Description

Held the first Healthy for Life Summit in January that included participation by the community leaders; followed by Train the Trainer that reached several businesses who started a healthy program

Materials Purchased Individually (No), St. Mary's (Yes)

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Kristi Blankenship
Cherokee Health Systems
6350 W. Andrew Johnson Highway
Knoxville, TN
(423) 587-7337
kristi.blankenship@cherokeehealth.com

Target Population

Children/Adolescents

Name of Program

Integrated Care for children, adolescents, and their families.

Funding Source(s)

Federal

Funding Period Yes

Renewable

Brief Description

Provide nutrition and behavior handouts, measure BMI's, use pediatric psychologists to work with overweight and obese families.

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Melanie Rose
Fort Sanders Diabetes Center
220 Fort Sanders West Boulevard
Medical Office Building 2 Suite 205
(865) 531-5580

Target Population

Adults

Name of Program

Funding Source(s)

Funding Period

Renewable

Brief Description

Presently teach individualized meal plan with focus on heart healthy eating and encourage exercise to help manage weight and control Blood glucose levels.

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Delene Collins
East TN Regional Health Office
P.O. Box 59019
Knoxville, TN 37950-9019
(865) 549-5350
Delene.Collins@state.tn.us

Target Population

Children/Adolescents/Adults (specifically women)

Name of Program

WIC

Funding Source(s)

Federal

Funding Period

Renewable Yes (ongoing)

Brief Description

Preventative nutrition counseling for women (prenatal, post partum, breast feeding), infants, children

Materials Purchased No (very limited)

Materials Developed No (very limited)

Conducting Tracking/Evaluation Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Diana Saia
East Tennessee Regional Health Office
1522 Cherokee Trail
Knoxville, TN 37950-9019
(865) 549-5363
Diana.L.Saia@state.tn.us

Target Population

Name of Program

Funding Source(s)

Funding Period
Renewable

Brief Description

Materials Purchased
Materials Developed
Conducting Tracking/Evaluation

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Carole Martin
Tennessee Department of Health East Region
P.O. Box 59019
Knoxville, TN 37950
(865) 549-5249
Carole.Martin@state.tn.us

Target Population

Children/Adolescents/Adults (specifically women)

Name of Program

WIC

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

WIC are working with Women of childbearing age (13-50 years old) in our Family Practitioner and Women's Health Programs. I have been doing a record audit to find out the problems (or extent of) of obesity within the particular program for ages 13-18 years, the record audit revealed increased 50% were obese or morbidly obese.

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Robin Ferguson
Knox County Health Department WIC Program
140 Dameron Avenue
Knoxville, TN 37921
(865) 215-5060
robin.ferguson@knoxcounty.org

Target Population

Children/Adolescents/Adults (specifically women)

Name of Program

WIC

Funding Source(s)

Federal

Funding Period Yes
Renewable

Brief Description

Materials Purchased No
Materials Developed Yes
Conducting Tracking/Evaluation Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Dena Mashburn
Baptist Health System East Tennessee
101 Blount Avenue Suite 530
Knoxville, TN 37920
(865) 549-2611
clmashburn@bnset.org

Target Population

Children/Adults

Name of Program

CARDIAC (Coronary Artery Risk Detection in Appalachian Communities)

Funding Source(s)

Fundraising- Turkey Trol-Baptist Foundation

Funding Period

Renewable

Brief Description

Heart Risk Screening (Total Cholesterol, HDL Glucose, BMI, Blood Pressure) with results sent to parents. Children at risk are sent free vouchers for free fasting lipid panel for children and parents.

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Kathy Mount, RD/LDN
East Tennessee Children's Hospital
2018 Clinch Avenue
Knoxville, TN 37916
(865) 541-8442
kmount@etch.com

Target Population

Children/Adolescents

Name of Program

Healthy Kids

Funding Source(s)

Nonprofit Grant, Vitamin Grant, and Hospital funded

Funding Period

Renewable No

Brief Description

Community education classes on "Making Health Choices" including food and activity

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Tennessee 2 Step Healthy Weight Initiative Healthcare Profile

Contact

Beth LaFontaine
Fort Sanders Therapy Centers, Diabetes Center, and Cardio Pulmonary Rehabilitation
200 FSW Boulevard, MOB-1 Suite 201
Knoxville, TN 37922
(865) 531-5342
elafont@covhlth.com

Target Population

Adults/Seniors

Name of Program

LM 2003, Covenant Health launched the 10K-A-Day Program

Funding Source(s)

Covenant Health

Funding Period ongoing through outpatients services

Renewable Yes

Brief Description

Patients are referred by physicians so we may be able to help them manage the health condition and maintain a healthy weight through exercise and proper nutrition.

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments