

Contact

Jill Beason  
St. Mary's Health System  
900 East Oak Hill Avenue  
Knoxville, TN 37917  
(865) 545-8153  
jbeason@st.maryshealth.com

Target Population

Adolescents/Adults

Name of Program

Healthy Roads

Funding Source(s)

Nonprofit Grant

Funding Period

Renewable No

Brief Description

Nutrition and fitness program in area high school community.

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Also, interested in implementing programs in communities outside Knox County if resources and community interest are available.

Contact

Debbie Henry  
Loudon County Health Improvement Council  
P.O. Box 742  
Loudon, TN 37774  
(865) 458-9119  
Lhealthcouncil@aol.com

Target PopulationName of ProgramFunding Source(s)Funding PeriodRenewableBrief DescriptionMaterials PurchasedMaterials DevelopedConducting Tracking/EvaluationComments

We have written a grant seeking funds for a childhood obesity program. We have an intern from UT who is spearheading our program.

Contact

Kathy Marshall, RN  
Jefferson County Health Council  
1175 Lake Ridge Drive  
Dandridge, TN 37725  
(865) 397-5301  
lake1175@aol.com

Target Population

Children

Name of Program

Young Eagles

Funding Source(s)

Other: Local donations

Funding Period

Renewable

Brief Description

Last school year, some kids at Jefferson Elementary school in Jefferson County would be dropped off by twice a week to be mentored by Bonner Scholar Students. They worked with the kids on exercising and healthy snacking. We want to start it up again this school year.

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation No

Comments

We are very interested and have a subcommittee already meeting monthly on the subject-  
“youth”- for thinking healthy

Contact

Michelle Parrot  
UT Jefferson Co Extension  
P.O. Box 579  
Dandridge, TN 37725  
(865) 397-2969  
(865) 397-3969  
[michelle.parrott@utk.edu](mailto:michelle.parrott@utk.edu)

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

General Nutrition Programming and TNCEP

Funding Source(s)

Others: Programs can be funded through all state, federal, and grant.

Funding Period

Renewable Yes: Grant is up for renewal for TNCEP

Brief Description

Educate various audiences about nutrition, health & food safety. We teach youth, adults and seniors about various topics (high blood pressure, cholesterol, diabetes, wellness, heart disease, etc.

Materials Purchased Yes

Materials Developed Yes: some

Conducting Tracking/Evaluation Yes: with some audiences

Comments

Contact

Pamela Purkey  
TN Department of Health/ Jefferson County Health Department  
P.O. Box 130 Dandridge, TN 37725  
(865) 397-3930  
Pamela.A.Purkey@state.tn.us

Target Population

Children/Adults

Name of Program

Youth Subcommittee (You Thinking Healthy)

Funding Source(s)

Other: Health Council Subcommittee

Funding Period

Renewable

Brief Description

Various components: 1. Youth Eagles in cooperation with Carson Newman College 2. Seminar Series in cooperation with Jefferson Memorial Hospital 3. Walk Across TN- in cooperation with UT Ag. Extension.

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation Yes

Comments

Contact

Priscilla Howard  
Jefferson County Health Council

Target Population

Name of Program

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Council does have a program targeted to children. I have not been a part of it and don't know details.

Contact

Donald A. Ward  
U.T. Extension  
P.O. Box 68  
Rutledge, TN 37861  
(865) 828-3411  
DanthonyW1@aol.com

Target Population

Adults

Name of Program

Walk Across Tennessee

Funding Source(s)

State

Funding Period

Renewable

Brief Description

A program that encourages healthy lifestyles through walking

Materials Purchased Yes

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Glenoa Masters  
Cocke County Health Department  
430 College Street  
Newport, TN 37821  
(423) 623-8733  
Glenda.Masters@state.tn.us

Target Population

Children/Adolescents/Adults

Name of Program

Life Start/Life Style

Funding Source(s)

State

Funding Period

Renewable

Brief Description

Focus on obesity, infant prematurity

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Melinda McDaniel  
Cocke County Health Department  
430 College Street  
(423) 623-8733

Target Population

Children/Adolescents/Adults

Name of Program

Lifestyle Lifestart

Funding Source(s)

State

Funding Period

Renewable

Brief Description

Focus on obesity, infant prematurity

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Freda Nestler  
Hamblen County Health Department (and Claiborne County Health Department)  
P.O. Box 429  
(423) 586-6431  
Freda.Neler@state.tn.us

Target Population

Adults

Name of Program

Walk Across TN

Funding Source(s)

Other: Sponsored by UT extension

Funding Period

Renewable

Brief Description

This is an 8 week program with terms in the county competing against each other to “Walk Across TN”

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation Will be: kickoff is September 18

Comments

Contact

Carol Brandon  
UT/Extension  
P.O. Box 196 Tazewell, TN 37879  
(423) 626-3742  
cbrandon@utk.edu

Target Population

Adolescents/Adults

Name of Program

Eat to Win Program In School 6<sup>th</sup> grade  
Walk Across TN

Funding Source(s)

Other: TN Nutrition and Consumer Education Program

Funding Period

Renewable Yes

Brief Description

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes (Somewhat)

Comments

Contact

Roberta Williams  
St. Mary's of Campbell County  
P.O. Box 1301  
Lafollette, TN 37766  
(423) 907-1332  
cwilliams@stmaryshealth.com

Target Population

Adults

Name of Program

Team Challenge

Funding Source(s) St. Mary's

Funding Period Yes

Renewable every 5 months

Brief Description

Weekly sessions on diet, exercise, and attitude – divided up into teams to compete on weight loss, exercise times, and blood lipid levels.

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Heather S. Myers  
Campbell County Health Department  
162 Sharp- Perkins Road  
(423) 562-8351  
[Heather.Myers@state.tn.us](mailto:Heather.Myers@state.tn.us)

Target Population

Adults/Seniors

Name of Program

Search Your Heart

Funding Source(s)

Funding Period

Renewable

Brief Description

Faith based program from American Heart Association

Materials Purchased No- they were given free of cost

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Lou Ann Roberts  
TN Dept. Health

Clinton Health Department  
P.O. Box 429  
Clinton, TN 37717  
(865) 463-8499  
Louann.tackett@state.tn.us

Target Population

Adolescents/Adults

Name of Program

“Walk Across TN,” “Am. On The Move”

Funding Source(s)Funding Period

Renewable

Brief Description

Both of the programs mentioned above are designed to get people to be more active and moving.

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Sarah Vaden  
U.T. Extension  
Court house, 100 N. Main St.  
Clinton, TN 3771  
(865) 457-6246  
[svaden@utk.edu](mailto:svaden@utk.edu)

Target Population

Children/Adolescents

Name of Program

U.T. Extension- 4-H  
(TNCEP)

Funding Source(s)

State/Federal/Other (County)

Funding Period Yes

Renewable

Brief Description

We work with 4<sup>th</sup>-12<sup>th</sup> grade

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Brigitte Raahauge, CNM or Pam Womac, RN  
Women's Wellness & Maternity Center, Inc (WWMC)  
P.O. Box 115

(423) 442-6624  
pamelawomac@juno.com

Target Population

Adults and Children (Pregnant and Parenting Women and their young children)

Name of Program

“Walk & Talk”

Funding Source(s)

Other: Integrated into regular budget

Funding Period

Renewable

Brief Description

One of WWMC's house-midwives goes to local walking track 2 times per week to walk 1-2 miles with participants. Other WWMC staff participants, also

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation No (we should)

Comments

Contact

Carrie Barker  
KCHD  
140 Dameron Avenue  
Knoxville, TN  
(865) 215-5187  
carrie.barker@knoxcounty.org

Target Population

Children (preschoolers)

Name of Program

Fuelin' & Movin' For Life Childcare Project

Funding Source(s)

State/Other: Vitamin Settlement Funds

Funding Period

Renewable No

Brief Description

Provide materials, equipment, curriculum, training and expertise to childcare providers to encourage centers to provide a healthful environment for their children. Centers are trained on nutrition and physical activities curriculum.

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

My program encompasses nutrition, physical activity, and health as a core principle. We have expanded the project to include more daycare provider training on nutrition and physical activity issues. Our newsletter provides up-to-date nutrition and physical activity information geared specifically for parents of preschoolers.

Contact

Vina Clark  
Bridging The Gap, Child & Family TN  
901 E. Summit Hill Drive  
(865) 524-7483  
vclark@child-family.org

Target Population

Children/Adolescents/Adults

Name of Program

Bridging The Gap

Funding Source(s)

Federal

Funding Period Until October 2008

Renewable Uncertain about renewable funding

Brief Description

Bridging the Gap is a child abuse and neglect prevention program serving Knoxville's Empowerment one. Family Specialists will work with families to address any needs and concerns families present that may place them at risk of abuse and or neglect.

Materials Purchased Yes- Independent from Summit

Materials Developed Yes (And other materials were mandated)

Conducting Tracking/Evaluation Yes

Comments

Nutrition, though vital is only one aspect that we will address. We will provide nutritional screenings for every child living within the home of families we serve. These screenings are selected by our accrediting boards.

Contact

Judy Sexton-Liming  
Ladies of Graco-Fitness Express  
551 Samuel Cross Road  
(423) 566-3763  
jsexton-liming@stmaryshealth.com

Target Population

Adults/Seniors

Name of Program

Women's Health & Fitness

Funding Source(s)

Other: Commercial/Venture

Funding Period

Renewable Personal Investment – interested in funding!!!

Brief Description

Summer- Water Aerobics  
Winter- Circuit Program or Fit Ball Group Classes

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Not currently (Did from 1999-2003)

Comments

Barbara,  
I have taught aerobics in the Scott C. area for the past 18 years- water, step, ball, kick box, yoga- you name it, I taught it. Opened a gym/wellness/fitness 1999. Belly up 2004 (poor financial management and not enough businesses in the rural community). I continued to teach water ball. I work full time in physical education therapy for St. Mary's Campbell County. I have all of my gym equipment. Half is currently being used at Grand Vista, but not being marketed. Open to suggestions. –Judy Liming

Contact

Reverend Dr. Barbara J. Canada  
Family Security Inc. (FAM-SEC)

(865) 680-7803  
(865) 522-5724  
bjtcanada@yahoo.com

Target PopulationName of ProgramFunding Source(s)Funding Period  
RenewableBrief DescriptionMaterials PurchasedMaterials DevelopedConducting Tracking/EvaluationComments

To be aware of INITIATIVES and efforts to reduce obesity within the community and college environment. Interested in developing a program for inner-city residents related to maintaining a healthy weight.

Contact

Heather L. Kyle  
University of TN Extension Service  
105 College Street  
(865) 442-2433  
hkyle@utk.edu

Target Population

Adults

Name of Program

TNCEP, TN Shapes Up

Funding Source(s)

State/Federal

Funding Period October 1- September 30

Renewable Yes

Brief Description

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Clarissa Gass  
State of TN Attorney General Office  
P.O. Box 1468  
(865) 215-2515

Target Population

Children/Adolescents/Adults

Name of Program

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Contact

Betty Blackman  
People Empowering People Project, Inc.  
2918 Magnolia Ave  
(865) 524-6100  
ProjectP@bellsouth.net

Target Population

Adults/Seniors

Name of Program

D.I.E.T and L.I.V.E

Funding Source(s)

No funding at the present

Funding Period

Renewable

Brief Description

D.I.E.T and L.I.V.E is a program which integrates mind, body, & spirit and includes physical activity and nutrition. Utilizes a holistic approach to healthy weight and other lifestyle changes.

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes (But, have not completed the first program)

Comments

Contact

Jan Frost  
West Emory Child Enrichment Center  
1035 Emory Church Road

(865) 705-6700

Target Population

Children/Adults

Name of Program

Fuelin' & Movin' For Life

Funding Source(s)

Funding Period 1 year

Renewable

Brief Description

Nutrition and fitness training for 3-5 year olds and their parents.

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Contact

Diane Klein  
Center for Physical Activity & Health  
University of Tennessee  
1914 Andy Holt Avenue  
Knoxville, TN 37996-2700  
(865) 974-0294  
dklein1@utk.edu

Target Population

Seniors

Name of Program

Peer Leadership in the ALF

Funding Source(s)

Funding Period

Renewable

Brief Description

Research study investigating peer leadership to encourage physical activity participation

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Barbara (Bobbi) P. Clarke, PhD, RD  
University of Tennessee Extension  
119 Morgan Hall  
Knoxville, TN 37996  
(865) 974-7399  
bclarke@utk.edu

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

TN Shapes Up and Walks Across TN

Funding Source(s)

State/Federal/Other: Grants

Funding Period Annual

Renewable Yes

Brief Description

TN shapes up is a community-based educational program implemented through UT Extension Services statewide educational network of county extension educators in 95 counties. Three key messages are to Eat Smart, Move More, Tune Inn. Walk across TN is an 8-week walking program for teams. Teams have a friendly competitor to see which team can log the most miles across TN. It is part of the Move More component of TN Shapes UP! Both programs are being delivered in partnership with county health departments, hospitals, worksites, school and other community organizations and groups

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Carolyn Perry-Burst  
Knox County Health Department

Carolyn.perry.burst@knoxcounty.com

Target Population

Children/Adolescents/Adults

Name of Program

Nutrition & Exercise Steering Committee

Funding Source(s)

Coordinator: county funded

Funding Period

Renewable

Brief Description

Coordinates efforts in Knox County around nutrition & physical activity efforts in lieu of Health Council, work of Knox Co. groups coordinated through the Steering Committee – subcommittees, school-consolidated for SMART Lunch Program, childcare, considering parks and recreation.

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Tennessee Healthy Weight Network- Eat Smart, Move More, Tune In- Serve on the Executive Committee, which has developed a plan that has the following components addressed: community, families, childcare, schools, healthcare. The plan incorporates, breastfeeding, health disparities and surveillance, along with media

\*Serve on the School Subcommittee- am the driver for the rewards & recognition plan

\*Co-chair the childcare committee- helped develop the plan

Contact

Delia Robinson  
The Plus Factor/Re-Shape Your Tomorrow  
1647 Chenoweth Cr  
Knoxville, TN 37909  
(865) 588-9674  
Upsize@Bellsouth.net

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

The Plus Factor

Funding Source(s)

Other: Self-funded  
(Looking for funding!)

Funding Period

Renewable

Brief Description

This is an exercise program just for plus size people with low impact routines, a walking club and water aerobic class- all for plus size only. The atmosphere provides a level of comfort that no other facility offers and with plus size certified instructors.

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Sin-Datar Khalsa, MS, RD, LDN  
Tennessee On the Move  
1215 West Cumberland Avenue, JHB Room 230  
(865) 974-1345  
sdkhalsa@utk.edu

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

Tennessee On The Move

Funding Source(s)

Federal/Other (Corporate Sponsorship)

Funding Period One year

Renewable Yes (Looking optimistic, but not confirmed)

Brief Description

Small steps to prevent further rise in obesity. Work in schools, worksites, religious groups, neighborhoods, etc.

Materials Purchased No

Materials Developed No- Some came from the National America On The Move Office

Conducting Tracking/Evaluation Yes- Harris Poll and electronic tracking

Comments

Contact

Audrey Jackson  
The Plus Factor/Re-Shape Your Tomorrow  
4000 Alma Arly  
Knoxville, TN 37914  
(865) 525-8585  
Jackson907@Bellsouth.net

Target Population

Children

Name of Program

The Plus Factor

Funding Source(s)Funding Period

Renewable

Brief Description

I am soon to be instructor with the Plus Factor and want to teach children physical activity as an instructor.

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation No

Comments

Contact

Clint Cummings  
University of Tennessee Extension- TNCEP  
400 West Main, Suite 560  
Knoxville, TN 37902  
(865) 215-2340  
ccummin1@utk.edu

Target Population

Children/Adults/Other: Food Stamp Recipients or those eligible

Name of Program

Tennessee Nutrition and Consumer Education Program (TNCEP)

Funding Source(s)

Federal/Other: In-kind Contributions

Funding Period October 1-September 30, 2005

Renewable Yes

Brief Description

TNCEP provided nutrition education to food stamp recipients or those eligible through a contract with DHS. We do this through classes, brochures, display posters, etc.

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Bernadine R. Graham  
Delta Sigma Theta Sorority, Inc & Chi Eta Phi Sorority, Inc.  
618 Rockingham Drive  
Knoxville, TN 37909  
(865) 584-8752

Target PopulationName of ProgramFunding Source(s)Funding PeriodRenewableBrief DescriptionMaterials PurchasedMaterials DevelopedConducting Tracking/EvaluationComments

In the process of gathering information of how we can set up programs to address obesity in African/American community of Knoxville.

Contact

Joanna Kluck, RD, LDN  
Omni Healthcare  
3218 B Morris Avenue  
Knoxville, TN 37909  
(865) 525-4887  
Jkluck@omni.healthcare.net

Target PopulationName of ProgramFunding Source(s)Funding PeriodRenewableBrief DescriptionMaterials PurchasedMaterials DevelopedConducting Tracking/EvaluationComments

We want to start promoting wellness and have contests, prizes, etc. such as how Sevierville is doing for becoming more active, etc.

Contact

Carlos A. Yunsan  
East TN Regional Health Office  
1522 Cherokee Trail  
Knoxville, TN 37919  
(865) 549-5243  
Carlos.A.Yunsan@state.tn.us

Target Population

Adults

Name of Program

Walk Across Tennessee

Funding Source(s)

Other: Local Organizations

Funding Period

Renewable No

Brief Description

Groups of 8 people by mileage.

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Betty Greer, PhD, RD  
Tennessee Extension  
119 Morgan Hall  
Knoxville, TN 37996  
(865) 974-7402  
bgreer@utk.edu

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

Tennessee Shapes Up

Funding Source(s)

State/Federal/Nonprofit Grant

Funding Period

Renewable Varies with grant and county

Brief Description

A program that focuses on healthy weight by eating smart, moving more, and tuning in.  
Incorporates the Tennessee Healthy Weight Network's Strategic plan in a community setting

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Caryn Paul  
Child Care Resource and Referral  
UT Conference Center  
600 Henley Street B045  
Knoxville, TN  
(865) 974-1022  
paul@utk.edu

Target Population

Children

Name of Program

Fuelin' and Movin' For Life

Funding Source(s)

Nonprofit Grant

Funding Period

Renewable No

Brief Description

An education program that targets families of preschool age children to encourage better nutrition and physical fitness

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Angela Cameron  
KAMA Health Discovery  
1060 World's Fair Park Drive  
Candy Factory, 5<sup>th</sup> Floor  
Knoxville, TN  
(865) 594-1294

Target Population

Children/Adolescents

Name of Program

We have a nutrition classroom and Lifetime Fitness Classroom

Funding Source(s)

State

Funding Period

Renewable Yes

Brief Description

Nutrition- digestive system, food pyramid, vitamins/minerals  
Fitness-muscles, heart facts, components of exercise, sports & safety

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation No

Comments

Contact

Cassandra Coleman  
Minority Applicant Pool System  
P.O. Box 3025  
Knoxville, TN 37927  
(865) 329-0097  
ccoleman@mapsetn.org

Target Population

Seniors

Name of Program

MAPS/Generation 2 Generation

Funding Source(s)

Nonprofit Grant

Funding Period

Renewable Yes

Brief Description

Provide a low-impact aerobics class to a group of seniors 3 days a week for 30-40 minutes.

Materials Purchased Yes

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Janie Burney, PHD, RD  
Tennessee Extension  
119 Morgan Hall  
Knoxville, TN 37996  
(865) 974-7402  
jburney@utk.edu

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

Tennessee Shapes Up

Funding Source(s)

State/Federal/Nonprofit Grant

Funding Period Varies with grant and county

Renewable

Brief Description

A program that focuses on healthy weight by eating smart, moving more, and tuning in.  
Incorporates the Tennessee Healthy Weight Networks strategic plan in a community setting.

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Robin G. Zachary  
Grace Baptist Church/ Grace Christian Academy  
7171 Oak Ridge Highway  
Knoxville, TN 37931  
(865) 691-8886  
rzachary@gracebc.org

Target Population

Children/Adults

Name of Program

Adults- First Place

Funding Source(s)

Other

Funding Period

Renewable

Brief Description

First Place is a Christ centered Health Program.

Materials Purchased Yes

Materials Developed No

Conducting Tracking/Evaluation somewhat

Comments

School- with the children

Contact

Betsy Haughton  
The University of Tennessee, Department of Nutrition  
1215 Cumberland Avenue  
Knoxville, TN 37996-1920  
(865) 974-6267  
haughton@utk.edu

Target PopulationName of ProgramFunding Source(s)Funding PeriodRenewableBrief DescriptionMaterials PurchasedMaterials DevelopedConducting Tracking/EvaluationComments

The UT public health nutrition program focuses on educating and training nutrition & public health nutrition personnel who will work in communities to promote healthy weight and other healthy eating behaviors. We are interested in workforce development and, for example, helping identify what type of staff are needed for successful initiatives, what knowledge and skills they should have, and how they can gain this knowledge and skills.

Specifically for this Summit, I am interested in helping evaluate the process of the Summit and what happens after its conclusion.

Contact

Mary Jacque Wynn  
CAC Beardsley Farm  
1719 Reynolds Street  
Knoxville, TN 37921  
(865) 546-8446  
mjwynn@knxcac.org

Target Population

Children/Adolescents/Adults/Seniors (All gardeners and “wanna be” gardeners”

Name of Program

Beardsley Community Farm

Funding Source(s)

Other: Local

Funding Period Depends on budget (city and county)

Renewable

Brief Description

Beardsley Community Farm is in downtown Knoxville (7 acres). Our mission is to grow and promote healthy foods to city neighborhoods through gardening, nutritional and environmental education and community service.

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Vasant Marathe  
CAC  
2247 Western Avenue  
(865) 546-3500  
vmarathe@knxcac.org

Target Population

Adults/Seniors

Name of Program

Food Empowerment Project

Funding Source(s)

Federal

Funding Period

Renewable No

Brief Description

1. Direct gardening assistance, free seed and plants 2. Nutritional information 3. Empowerment exercises, community snapshot exercise

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Biddle Joan  
Union Co Health Department  
P.O. Box 470  
Maynardville, TN 37807  
(865) 992-3868  
JBiddle520@yahoo.com

Target Population

Children

Name of Program

Working with Health Council of Union County

Funding Source(s)

Funding Period

Renewable

Brief Description

Worked for milk machines in schools- assessed school child in one school

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation No

Comments

Contact

Patricia Sexton  
UT Extension (TNCEP)  
901 Main St. Ste 99  
Maynardville, TN 37807  
(865) 992-8038  
PSexton@utk.edu

Target Population

Name of Program

Funding Source(s)

Funding Period

Renewable

Brief Description

After school program for children dealing with obtaining healthy weight.

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Contact

Sarah Johnson  
UT Extension, Scott County  
P.O. Box 470  
Huntsville, TN 37756  
(423) 663-4777  
Sjohn25@utk.edu

Target Population

Children/Adolescents/Adults

Name of Program

Tennessee Shapes Up, Power of Choice

Funding Source(s)

Federal

Funding Period

Renewable Yes

Brief Description

Teach about portions, healthy alternatives, exercise at all ages, low-fat choices, Walk Across TN, health complications

Materials Purchased No (provided by UT specialists)

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Jennifer Vance  
National Fitness Center  
821 Reagan View Lane  
TN 37865  
(865) 924-1248  
fitnessjen@charter.net

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

National Fitness Center and Kids in Motion

Funding Source(s)

Other: Memberships

Funding Period

Renewable Yes

Brief Description

Fitness Center

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Cynthea M. Stair, BS, CD (DONA), IBCLC, CBE  
Mothering the Mother and Father  
124 Smothers Road  
Seymour, TN 37865  
(865) 579-3714  
cindymae@chartertn.net

Target PopulationName of ProgramFunding Source(s)Funding PeriodRenewableBrief DescriptionMaterials PurchasedMaterials DevelopedConducting Tracking/EvaluationComments

I am self-employed. I work with prenatal and postpartum couples. I teach childbirth education classes. Nutrition is important to pass on to these folks. I would love to have more resources available to motivate folks to desire healthy life style as well as referral info to hand out for any special needs. I look forward to the summit!

Contact

Denise Quillen  
Loudon County Health Improvement Council  
616 Ward Avenue  
(865) 458-9119  
Tcofficermanager@aol.com

Target Population

Children/Adolescents

Name of Program

Childhood Obesity Prevention Task Force

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

A grant has been written seeking funding for childhood obesity programs.

Contact

Wesley E. McNeal, MD  
Loudon County Health Improvement Council  
107 Skiatook Way  
Loudon, TN 37774  
(865) 458-8968  
WMCNeal@charter.net

Target Population

Children/Adolescents

Name of Program

Childhood Obesity Prevention Program

Funding Source(s)

Nonprofit Grant

Funding Period 2005-2008

Renewable Yes

Brief Description

School programs with advice regarding diet and exercise.

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Sheila Borders  
U.T. Loudon County Extensions  
100 River Road, Suite 112  
Loudon, TN 37714  
(865) 458-5612  
sborders@utk.edu

Target Population

Children/Adolescents

Name of Program

There are several- too many to list here.

Funding Source(s)

State

Funding Period

Renewable Yes

Brief Description

Materials Purchased No

Materials Developed Yes and No

Conducting Tracking/Evaluation Yes

Comments

Contact

Janet Hunt  
Loudon County Health Improvement Council  
616 Ward Avenue  
Loudon, TN  
(865) 458-9119  
lcmentoring@aol.com

Target Population

Children/Adolescents

Name of Program

Childhood Obesity Prevention Task Force

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments

Contact

Bonnie Sheeley  
U.T. Ag. Extension Service  
400 Main Street, Suite 560  
Knoxville, TN 37902  
(865) 215-2340  
bsheeley@utk.edu

Target Population

Adults

Name of Program

1. Nutrition Trends
2. Food Guide Pyramid
3. Weight Control
4. Walk Across Tennessee

Funding Source(s)

State

Funding Period

Renewable

Brief Description

Materials Purchased No

Materials Developed Yes

Conducting Tracking/Evaluation No

Comments

Contact

Kelly Segars  
Knoxville Regional Transportation Planning Organization  
400 Main Street  
Knoxville, TN 37902  
(865) 215-3815  
[kelley.segars@knoxmpc.org](mailto:kelly.segars@knoxmpc.org)

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

Knoxville Regional Bicycle Program  
Smart Trips (and Smart Trips Week)

Funding Source(s)

State/Federal/Other (Local government match)

Funding Period Yes

Renewable

Brief Description

The Bicycle Program promotes bicycling as transportation to make it a part of daily life. Smart Trips encourages people to bike, walk, carpool or take transit instead of driving alone.

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Vicki Casenburg  
Knox Co Health Department  
140 Dameron Avenue  
(865) 215-5174  
[vicki.casenburg@knoxcounty.org](mailto:vicki.casenburg@knoxcounty.org)

Target Population

Name of Program

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Contact

Edward T. Howley  
Center for Physical Activity and Health, University of Tennessee  
1914 Andy Holt Avenue  
(865) 974-1294  
[ehowley@utk.edu](mailto:ehowley@utk.edu)

Target PopulationName of ProgramFunding Source(s)Funding PeriodRenewableBrief Description

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

Part of the Content Panel; working with others on physical activity.

Contact

Marjorie Reynolds  
KDDA  
7112 Stockton Drive  
Knoxville, TN 37909

Target Population

Name of Program

Funding Source(s)

Funding Period

Renewable

Brief Description

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

General interest as a dietician/nutritionist and volunteer.

Contact

Teloir Bradley  
The Plus Factor/Re-Shape Your Tomorrow  
9056 Shallow Ford Road  
Knoxville, TN 37923  
(865) 531-7103  
SWTMAMATEE@aol.com

Target Population

Adults

Name of Program

The Plus Factor

Funding Source(s)

Other (Need/looking for funding)

Funding Period

Renewable

Brief Description

Exercise program for plus size people. I am an instructor with the program.

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

Vonda Jennings, RN  
Parish Nurse- West Park Baptist Church  
8833 Middlebrook Pike  
Knoxville, TN 37923  
(865) 690-0031  
(865) 938-1027

Target PopulationName of ProgramFunding Source(s)Funding PeriodRenewableBrief Description

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation Yes

Comments

I am interested in education to elementary, middle school, and high school kids re: choices of foods and their ramifications of unwise choices.

Contact

Carlene Welch  
Knox County 4-H/U.T. Extension  
400 West Maine, Suite 560  
Knoxville, TN  
(865) 215-3556  
cwelch@mail.ag.utk.edu

Target Population

Adolescents

Name of Program

4-H/Nutrition Education

Funding Source(s)

State/Federal Funds Grant

Funding PeriodRenewableBrief Description

Provide nutrition and exercise program to youth (grades 4<sup>th</sup>-12<sup>th</sup> \_

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation No

Comments

Implement in 2005

Contact

- |  |   |
|--|---|
| 1) Judy S. Groce, Extension Agent<br>UT Knox County Agricultural Extension Service<br>City County Building, 400 Main Suite 560<br>Knoxville, TN 37902<br>(865) 215-2340<br><a href="http://www.utextension.edu/knox">http://www.utextension.edu/knox</a> | 4) Janie Rose<br>1711 Sams Drive<br>Dandridge, TN 37725         |
| 2) Linda Clark<br>850023 Old Colony Trail<br>Knoxville, TN 37923   | 5) Mary Chandler<br>4603 Aylesbury Drive<br>Knoxville, TN 37918 |
| 3) Mattie Hollingsworth<br>1414 Brookside Avenue<br>Knoxville, TN 37921  |   |

Target Population

Children/Adolescents/Adults

Name of Program

UT Extension Expanded Food & Nutrition Education

Funding Source(s)

State/Federal

Funding Period

Renewable

Brief Description

Provide nutrition education to low income families- adult and youth phase emphasizing nutrition, resource, management, and food safety

Materials Purchased Yes

Materials Developed Yes

Conducting Tracking/Evaluation No

Comments

Implement in January 2005

Contact

Teresa Harrill  
Monroe Co Health Department  
310 Tellico Street  
Madisonville, TN  
(423) 442-1235  
[teresa.harrill@state.tn.us](mailto:teresa.harrill@state.tn.us)

Target Population

Children

Name of Program

Kids on the Block-Healthy Snacking

Funding Source(s)

Other (Partnership with TNCEP)

Funding Period No funding needed- Health Department Nutrition Educators provide classes  
Renewable

Brief Description

Using Kids on the Block Puppets- going into elementary schools K-4 2003-2004 - 700 students seen in M.

Materials Purchased No (purchased for by TNCEP)

Materials Developed No (national program)

Conducting Tracking/Evaluation

Comments

Contact

Teresa Harrill  
Monroe Co Health Department  
310 Tellico Street  
Madisonville, TN  
(423) 442-1235  
[teresa.harrill@state.tn.us](mailto:teresa.harrill@state.tn.us)

Target Population

Adults

Name of Program

Diabetes Support Group

Funding Source(s)

Other (Health Council)

Funding Period Continuous – partnership with Health Department and Health Council.  
Renewable

Brief Description

Since June of 2003- Diabetes Support Group meets monthly for one hour. Food demo- food provided for by Healthy Council. Nutrition Education has speaker each month. Average of 15-20 each month.

Materials Purchased Yes

Materials Developed

Conducting Tracking/Evaluation Yes

Comments

Contact

Jacqueline T. Collins  
TennCorp Community Services Volunteers, Inc.  
3615 Martin Luther King, Jr. Avenue  
Knoxville, TN 37914  
(865) 673-4700  
tenncorp@bellsouth.net

Target Population

Children/Adolescents/Adults/Seniors

Name of Program

MOMs VIP and Freedom Institute

Funding Source(s)

State/Nonprofit Grant/Other (County grant)

Funding Period July- June 2005

Renewable Yes

Brief Description

A design to develop and deliver progressive health services and education focused on building the lives and the communities in which it serves (holistically).

Materials Purchased No

Materials Developed No

Conducting Tracking/Evaluation Yes

Comments

Contact

J. Bailey  
Claiborne Co. Health Department  
P.O. Box 183  
Taszwel, TN 37879  
(423) 626-4291  
[JOANN.BAILEY@state.tn.us](mailto:JOANN.BAILEY@state.tn.us)

Target Population

Children/Adolescents

Name of Program

Lifestart/Lifestyle

Funding Source(s)

State

Funding Period

Renewable Yes

Brief Description

Materials Purchased

Materials Developed

Conducting Tracking/Evaluation

Comments