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Healthy Weight Initiative and Summit October 12, 2004 Knoxville, Tennessee

Coordinated by

**The Knox County Health Department and
The East Tennessee Regional Health Office**

Funded by:

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BAPTIST
THE ONE WORD IN HEALTHCARE

UT
THE UNIVERSITY OF TENNESSEE
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EXPANDING THE FRONTIERS OF MEDICINE

Additional financial support provided by the Monroe County Health Council

ACKNOWLEDGEMENTS

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Carlos Yunsan, Health Council Coordinator
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AGENDA

- 8:00-9:00** Check-in & Continental Breakfast
- 9:00-9:10** Welcome & Introductions
*Mark Jones, Director
Knox Co. Health Dept.*
- 9:10-9:20** Call To Action
*Mike Ragsdale
Knox County Mayor*
- 9:20-9:30** Overweight and Obesity in
East Tennessee: the Scope of the Problem
*Paul Erwin, MD, MPH
Director, East TN Regional Health Office*
- 9:30-9:40** Tennessee 2 Step Process Overview
*Mark Miller, Deputy Director
Knox County Health Department*
- 9:40-10:20** Strategies: What Does the Research Tell Us
*Ed Howley, PhD
UT-K Center for Physical Activity & Health
Betsy Haughton, EdD, RD
UT-K Public Health Nutrition*
- 10:20-10:30** Wrap-up: Setting the Charge
*Stephanie Welch, Strategic Planning Coordinator
East TN Regional Health Office*
- 10:30-11:00** Morning Break
- 11:00-12:30** Breakout Session I
- 12:30-1:30** Lunch
*Lunch included for attendees of *both* breakout sessions only
- 1:30-3:00** Breakout Session II
- 3:00-3:15** Break
- 3:15-4:00** Wrap up