

COMMUNITY RESOURCE GUIDE

Resources and services available for the
East Knoxville community



Created & Compiled By:

5PointsUp
Beautifying and Unifying East Knoxville

An Initiative of:

Knox County Health Department
Every Person, A Healthy Person

introduction

Five Points Up and the Knox County Health Department worked together on the 2nd edition of the Five Points Community Resource Guide. The boundaries for this guide are:

- North: I-40
- South: Dandridge and Brooks Avenues
- East: Chilhowee Drive
- West: Hall of Fame Drive

This guide's goal is to inform community members and organizations about all the resources and services in East Knoxville. The guide's second goal is to make it easier for community members to use the resources and services in their area.

The guide is organized differently from the first edition. All organizations are in alphabetical order. If you want to find organizations by category, check out the index on page 42.

Compiling and updating the resource guide is a community effort. We want your input in making this guide as helpful as possible to the East Knoxville neighborhood. **If you have any suggestions on how to improve the guide, please contact the Knox County Health Department at 865-215-5170.**

This version was updated in March 2017. We plan on updating and publishing a new version of the resource guide once a year.

five points up

Five Points Up is a community-led organization consisting of individuals and leaders from East Knoxville. *Our mission is to reduce health inequities in the Five Points neighborhood by beautifying and unifying East Knoxville.*

Health inequities are unfair, avoidable and unjust health outcomes. An example of a health inequity is that black Knox County residents are more likely to have high blood pressure than white Knox County residents, according to the Knox County Health Department's 2014 Community Health Assessment. There is no real reason why more black residents should have higher blood pressure rates as compared to white residents. This is a health inequity in our community.

Five Points Up works towards its mission through community-building events and projects. These events and projects include the East Knoxville Communitywide Clean-Up, Five Points Winter Wonderland and the Five Points Community Resource Guide.

Our current focus is increasing access to healthy foods (food access) in East Knoxville. Learn more about food access on page 4.



**Let's build a
healthier
community
together.**

Contact:

Five Points Up Chair, Tanisha Baker: villageofknox@aol.com

Five Points Up Facilitator, Knox County Health Department: 865-215-5170

food access

In May 2016, Five Points Up decided that their first health focus would be increasing access to healthy foods in East Knoxville and the Five Points neighborhood.

East Knoxville is categorized as a food desert by the United States Department of Agriculture. A food desert is an area that does not have access to fresh fruits, vegetables and other healthy foods.

But East Knoxville is home to several creative organizations working to increase access to healthy foods in all East Knoxville neighborhoods, including Five Points. Five Points Up's goal is to highlight these organizations in this guide. This is a first step in supporting food access in East Knoxville.

Food Desert Solutions



COMMUNITY

Create local solutions to get more quality food in communities



ACCESS

Make it easier to get quality healthy foods



EMPOWER

Provide people and their families the tools to make healthier food choices



WHAT IS A FOOD DESERT?

A food desert is an **urban or rural area** where the availability of **affordable, healthy, fresh food** is limited.

Graphic courtesy of the American Heart Association

All food access organizations inside the guide have a **light green background** to make it easy for you to find them!

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A big thank you to all the organizations and churches listed in this Five Points Community Resource Guide. Without your work in the Five Points community, this guide would not be possible.



A *special thank you* to these two
resources serving the
East Knoxville community:

Big Brothers Big Sisters of East Tennessee., an organization that provides important resources for youth in East TN. Find out more about what they do on page 16!



Big Brothers Big Sisters
of East Tennessee

Knoxville Area Urban League, an organization that provides vital resources and services to East Knoxville's neighborhoods.

Find out more about what they do on page 30!



**Knoxville Area
Urban League**

*Empowering Communities.
Changing Lives.*

community building tips

Five Points Up works towards its mission of reducing health inequities in East Knoxville through community building efforts. The ways to build community are simple—anyone can do it. Even you! Strengthening community only takes the will and intention to work alongside your neighbors and community members to build a stronger community.

You can find tips on community building throughout the guide. You'll see the below icon with tips and ideas.

Good luck on your journey to building a strong and empowered community!



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We're online!

The guide is online! Visit the online version of the guide at www.knoxcounty.org/health/5points

using the guide

The next section of the guide includes detailed information on the organizations serving the Five Points community. The information includes a list of each organization's "Programs/Services" to give you a quick summary of what each organization offers. Below is a list of the different categories throughout the guide and what each means. **If you would like to find the organizations that provide a specific program or service, a list of organizations by category is provided at the end of this guide on page 42.**

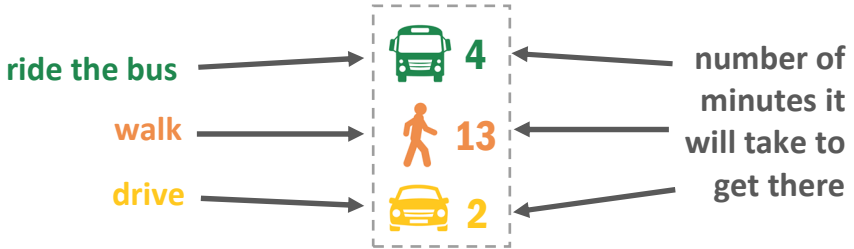
PROGRAMS/SERVICES CATEGORIES:

- **Education:** All types of educational services, such as formal education and tutoring programs.
- **Ex-Offender Programs:** Resources for individuals who have been in prison or jail.
- **Food Access:** Resources for fresh and healthy foods, including fruits and vegetables. This is Five Points Up's current priority. See [page 4](#) for more information.
- **Historical Organizations:** Provide historical education and resources.
- **Housing:** Provide resources for individuals and families to obtain and keep their housing.
- **Media:** Share the community's stories and provide information.
- **Medical/Health Care:** Provide medical and health care.
- **Meeting/Event Space:** Provide meeting & event space for community members and other organizations.
- **Recreation:** Provide recreation and play opportunities for adults and youth.
- **Senior Services:** Provide resources and services for senior residents.
- **Transit:** Provide transportation services for residents.
- **Workforce Development:** Provide services (like trainings and educational opportunities) for community members seeking employment.
- **Veterans Services:** Provide services for veterans.
- **Volunteer Opportunities:** Organizations that accept and seek volunteers.
- **Youth Programs:** Programming specifically for young people. Includes after-school programs and summer camps.

How long will it take to get there?

Every organization is listed with the time it will take you to get there from the heart of Five Points, the Boys & Girls Club at Walter P. Taylor Homes (317 McConnell Street).

The number of minutes it will take to get to each organization by bus, walking or driving is listed in boxes like the one below.



Looking for public transportation?

Knoxville Area Transit, also called **KAT**, is an affordable way for everyone to get around the City of Knoxville through public transit.

For more information: call 865-637-3000 or visit www.katbus.com

Base fare: \$1.50 *Reduced fares available for those eligible.*

All KAT buses are equipped with easy-to-use bike racks and provide lift accessibility. Learn more about KAT on **PAGE 30** of this guide.

The **Community Action Committee (CAC)** also provides transportation for some community members. Find out more by calling 865-546-5125 or visiting www.knoxcac.org. More information about CAC is listed in this guide on **PAGE 23**.

Looking for a volunteer opportunity?

Organizations in Five Points are looking for volunteers like you! Organizations in need of volunteers are listed in this guide with the "Volunteer Here!" symbol.

You can find a complete list of all organizations looking for volunteers at the end of this guide, on **page 45**.



contact list

MEDICAL EMERGENCY & DISASTER ASSISTANCE

Emergency (Voice & TTY)	911
<i>Emergency assistance 24 hours a day</i>	
Knoxville Fire Department—non-emergency	215-4010
Knox County Sheriff's Office	
<i>Non-emergency</i>	215-2444
<i>General information</i>	215-2243
Knoxville Police Department	
<i>Non-emergency</i>	215-7268
<i>General information</i>	215-7000
Tennessee Poison Center	1-800-222-1222
<i>Emergency & non-emergency information available 24 hours a day</i>	
Knoxville Volunteer Emergency Rescue Squad (medically trained emergency personnel)	
<i>Emergency</i>	546-4821
<i>Non-emergency</i>	546-4824
American Red Cross	584-2999
<i>Disaster relief</i>	

CRISIS ASSISTANCE

Contact Care Line	584-4424
<i>Crisis help line available 8am-11pm, 365 days a year</i>	
Suicide Prevention Lifeline	1-800-273-8255
<i>24/7 free and confidential distress, prevention and crisis resources</i>	
Family Crisis Center	637-8000
<i>24 hour crisis line for family violence</i>	
Family Violence Help Line	521-6336
<i>24 hour hotline for family violence</i>	
Sexual Assault Center of East TN	522-7273
<i>24 hour crisis line for sexual assault and abuse</i>	
Serenity Shelter	971-4673
<i>24 hour crisis line for family violence</i>	

OTHER SERVICES

Bridge Refugee Services	540-1311
<i>Provides protection and assistance to refugees in the Knoxville area</i>	
TN Human Rights Commission ... www.tn.gov/humanrights or 1-800-251-3589	
<i>Handles discrimination complaints for the state of Tennessee</i>	
National Do Not Call Register	1-888-382-1222
<i>Gives you a choice about whether to receive telemarketing calls at home</i>	
Opt Out www.optoutprescreen.com or 1-888-567-8688	
<i>Removes you from unwanted mail and telemarketing calls</i>	
Volunteer Income Tax Assistance	1-800-829-1040

ALCOHOL & DRUG SERVICES

Al-Anon	www.knox-al-anon.org or 525-9040
<i>A program of recovery for the families and friends of alcoholics</i>	
Alcoholics Anonymous (AA)	www.etiaa.org or 974-9888
<i>24 hour hotline and information regarding meetings</i>	
Narcotics Anonymous	www.knoxvillena.org or 866-617-1710
<i>24 hour help line and information on local meetings</i>	
Metropolitan Drug Commission	www.metrodrug.org or 588-5550
<i>Information and referrals about alcohol and drug abuse</i>	
Tennessee Tobacco Quitline	www.tnquitline.org or 1-800-QUIT-NOW
<i>Support for Tennesseans who want to quit smoking or chewing tobacco</i>	
Disability Resource Center	637-3666
<i>Information, referrals, support and advocacy for persons with disabilities</i>	

MEDICAL/SOCIAL SERVICES

Knox County Health Department	215-5000
<i>COE clinic (HIV/AIDS), CDC (TB, Hepatitis C, HIV and STIs), dental care, immunizations, birth and death certificates, WIC, Women's Health</i>	
Medicare	www.medicare.gov or 1-800-633-4227
SNAP (formerly called Food Stamps)	1-866-311-4287
TN State Health Insurance Assistance Program	1-877-801-0044

MUNICIPAL SERVICES

City of Knoxville Information & Services	311
KAT (Knoxville Area Transit)	www.katbus.com or 311
<i>Service and route information for Knoxville area public transit</i>	
Knoxville Animal Control	215-8639
<i>Call for stray animal pick up</i>	
KUB	524-2911
<i>Call to report utility/power outage</i>	
US Postal Service—Burlington Post Office	525-1901
<i>Open Monday-Friday 9am-5pm and Saturday 9am-12pm</i>	
County Clerk for Knox County	215-2385
<i>Renew a Driver's License and vehicle tags, obtain a marriage license</i>	

ELECTED OFFICIALS

City Council Representative: Daniel T. Brown, 6th District	637-7553
<i>Or email at dbrown@knoxvilletn.gov</i>	
County Commission Representative: Evelyn Gill, 1st District	215-2534
<i>Or email at evelyn.gill@knoxcounty.org</i>	
TN State Representative: Rick Staples, 15th District	615-741-0768
<i>Or email at rep.rick.staples@capitol.tn.gov</i>	

GENERAL HELP

Community Services Helpline	211
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community resources

100 Black Men of Greater Knoxville

Programs/Services: Youth programs

President: Eston Williams | **Vice President:** Rick Staples

Mailing Address: P.O. Box 333, Knoxville, TN 37901

Phone: 865-406-5412 | **Website:** www.100bmok.org

100 Black Men's purpose is to empower African American and other minority youth to reach their full potential, through resources that foster and enhance achievement in education, community and economic development.

To accomplish this objective, 100 Black Men partner with schools and community organizations doing similar work.

- Ensuring each mentee receives a quality educational experience that prepares him for success in life.
- Assist mentees' parents with their efforts to encourage youth to pursue academic excellence.
- Provide mentees open and confidential forums in which to express concerns and ideas about their educational experiences, goals, challenges and opportunities.
- Award scholarships to mentees and other local graduating high school seniors.



VOLUNTEER
HERE!

Abbey Fields Farm

Programs/Services: Food access

Address: 1400 Washington Ave, Knoxville, TN 37917

Website: www.abbey-fields.com

Knoxville's Neighborhood Farm. Abbey Fields Farm's hope is to bring vacant corners in all neighborhoods to light. By creating a gathering place where neighbors can celebrate, feasting on the bounty of our land and labor, Abbey Fields wants to bring about the healing of broken ground and wounded communities.

- Offer community supported agriculture (CSA) with 30 weeks of fresh and seasonal produce from the farm to your table, from May through November. Sign up at <http://abbey-fields.com/sign-up>
- **They accept SNAP for farm stand and CSA purchases!**



Austin-East Magnet High School

Programs/Services: Education, Food access

Address: 2800 Martin Luther King Jr Ave, Knoxville, TN, 37914

Phone: 865-594-3792

Website: www.knoxschools.org/austineastmhs

Austin-East Magnet High School was founded in 1968 with the merger of Knoxville East and Austin High Schools. In 1997, Austin-East was designated as Knox County's only Performing Arts Magnet High School, offering continuous quality dance, musical, audio production, advanced art and theater programs for all residents of Knox County.

In 2008, Austin-East adopted the "school-within-a-school" model of organization with the development of Small Learning Communities. Austin-East is the home to three academic learning communities:

- **FOCUS:** a freshman academy for ninth-graders
- **Discovery:** for students in 10-12th grade who pursue courses in career and technical fields
- **IMPACT:** performing arts magnet program

Austin-East is a Project GRAD Knoxville school.

Austin-East provides free breakfast and lunch to all its students.



Beck Cultural Exchange Center

Programs/Services: Historical Organizations, Meeting/event space, Recreation

Address: 1927 Dandridge Ave, Knoxville, TN 37915

Phone: 865-524-8641 | **Email:** beckcenter@beckcenter.net

Website: www.beckcenter.net



Beck is the place where "African American History is preserved." This teaching and learning museum has a full research center, extensive library and countless African American historical artifacts.

The Beck House serves as a community meeting space and is a popular special event venue. They host weddings, receptions, retirement, graduation and birthday parties, class and family reunions, social gatherings and more!



Big Brothers Big Sisters of East Tennessee

Programs/Services: Youth programs

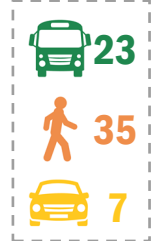
Address: 318 N. Gay Street, #100, Knoxville, TN 37917

Phone: 865-523-2179 | **Email:** vgwinn@tennesseebig.org

Website: <http://www.tennesseebig.org/>



Big Brothers Big Sisters (BBBS) makes meaningful mentorship matches between volunteers (Bigs) and children ages 6-18 (Littles). They then provide the training, resources and support necessary for those matches to succeed in their programs.



Programs include:

- Site-based: Bigs meet with their Littles at school.
- Community-based: This is the traditional match in which adult mentors are paired with children ages 6-16 with the commitment to see each other 2-4 times per month for a couple hours.
- Mentor 2.0: This program focuses on college readiness and success for high school students, particularly those who will be first-generation college students. Communication happens through weekly writing activities via email. Mentors and mentees also meet in-person 8 times per year at BBBS-sponsored activities.
- Bigs in Blue: Bigs In Blue is a one-to-one mentoring program that connects youth with police to build strong, trusting, lasting relationships. These relationships help build stronger bonds between law enforcement and the families they serve.



PICK UP LITTER AND RECYCLE!

Boy Scouts of America Great Smoky Mountain Council – Chehote District



Programs/Services: Recreation, Youth programs

Phone: 865-566-0644 | **Email:** Anthony.Ingram@scouting.org

To Receive District Information: Text BSA11 to 51660

Website: www.bsa-gsmc.org or www.FamilyScoutingFun.com

Scouting is a year-round program so youth can join anytime. The Boys Scouts of America runs many different programs:

- **CUB SCOUTS** – boys in grades 1-5. It's all about having a great time with your friends, going on adventures and learning new things. Cub Scouts are able to earn patches for their activities.
- **BOY SCOUTS** – boys ages 11-18. Become a leader in a fun and exciting way. Earn badges, explore the outdoors, learn some cool (high-tech) skills. If you stick with it, you could become an Eagle Scout.
- **VENTURERS** – young men and women ages 14-20. Gain leadership skills, personal growth and community service while having adventures with your friends.
- **CAREER EXPLORING** – young men and women ages 12-20. Connect with mentors and resources to help you decide what you would like to do in your future.
- **STEM SCOUTS** – boys and girls in grades 3-12. Enjoy science, technology, engineering and math while having fun with your friends.

Boys and Girls Club of America

Programs/Services: Youth programs

Address: 317 McConnell Ave, Knoxville, TN 37915

Phone: 865-594-8784 | **Email:** info@bgctnv.org

Website: www.walterp.bgctnv.org

Afterschool care, recreation and youth development for anyone ages 5-17 in kindergarten through 12th grade.

Burlington Branch Library



Programs/Services: Meeting/event space, Recreation,
Youth programs

Address: 4614 Asheville Hwy, Knoxville, TN 37914

Phone: 865-525-5431

Website: knoxlib.org/about/hours-and-locations/burlington-branch-library

HOURS:

Monday: 10:30am—8:00pm

Tuesday: 10:30am—5:00pm

Wednesday: 10:30am—5:00pm

Thursday: 10:30am—8:00pm

Friday: 1:00pm—5:00pm

Saturday: 1:00pm—5:00pm

MEETING ROOM FOR NON-PROFITS:

Capacity: 85 | Tables: 20 | Chairs: 85

Equipment: Projection screen, lectern/podium, microphone, audio system, dry-erase board, AV cart, projector, refrigerator, sink, microwave oven and coffee urn

CLUBS:

Crochet: all ages

2nd Tuesday: 10:30am—12:00pm

Preschool Storytime: 3-5 years old

Wednesdays 10:30am

LEGO: for ages 4-11

1st Friday: 3:30—4:30pm

4th Monday: 6:00—7:45pm

Robotics @ the Library: for teens, 12-18

Last Thursday: 5:00—6:00pm

Just Add Color: adults, coloring books and more

4th Monday: 5:30—8:00pm

Coffee, Donuts & a Movie: PG

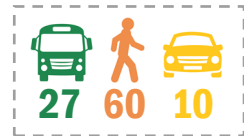
2nd Monday: 10:30am

Family Movie Night:

2nd Monday: 5:30pm

Game Night: for families

3rd Thursday: 5:30—8:00pm



The library also provides computer access!



Cal Johnson Recreation Center

Programs/Services: Meeting/event space, Recreation, Youth programs

Address: 597 Hall of Fame Dr, Knoxville, TN 37917

Phone: 865-522-3177

Website: www.cityofknoxville.org/recreation/centers/caljohnson.asp

Recreation: Weight room, gym, indoor and outdoor basketball courts and playground.

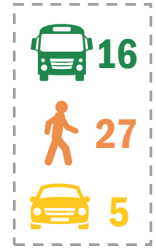
After school program: free of charge to Knoxville city residents, for children ages 6-12, Monday–Friday, 3pm–5:30pm

Summer Playground Program: activities & field trips for ages 6-12

Teen SOAR Summer program: for ages 13-15

Safe Haven Gym: Basketball camp for Knoxville teens Tuesday & Thursday 6-9pm.

Meeting & Event facilities: for up to 100 people; available Monday–Sunday (8am-10pm); includes gym, rec room, kitchen with fridge & microwave, 6 tables and 18 chairs.





Cansler Family YMCA

Programs/Services: Meeting/event space, Recreation, Senior services, Youth programs

Phone: 865-637-9622 | **Website:** www.ymcaknoxville.org

Address: 616 Jessamine St, Knoxville, TN, 37917—*free parking available!*

Membership and nearly all of our services are provided at **costs on a sliding scale** to ensure every individual has access to the essentials needed to learn, grow and thrive.

HOURS: Monday – Friday: 5:30am to 9:00pm
Weekends: Sat.: 8:00am to 6:00pm &
Sun.: 1:00pm to 5:00pm



Recreation Facilities:

- Gymnasium and indoor pool with beach entry
- Swim Lessons—group and individual lessons for adults and children
- Free weights and hoist strength machines
- Bicycles, computerized treadmills, rowing machines, crosstrainers
- Group fitness classes including yoga, pilates, weightlifting and water exercise; personal training and fitness testing lab
- Basketball, volleyball and dodgeball
- Locker rooms for men and women
- Lifeguard certification, CPR/AED and emergency oxygen classes

Services for Active Older Adults:

- **Silver Sneakers** - strength and conditioning exercises that are easy on the joints. This class is open to people with all fitness levels.
- **Makin' Waves** - Appropriate for all fitness levels, this class incorporates fun and fellowship while exercising your heart and working on your balance, flexibility and coordination.

Chronic Disease Management Programs:

- **Diabetes Exercise Program** – a 12 week fitness program to help those with type 2 diabetes who want a healthier lifestyle.
- **Diabetes Prevention Program** – a 16 week program to learn about lifestyle changes and type 2 diabetes prevention to keep you healthy.
- **LIVESTRONG at the YMCA** – Helps adult cancer survivors with their health and well-being after a cancer diagnosis in a supportive environment.
- **Pedaling for Parkinson's** – group exercise series to help those diagnosed with Parkinson's manage their symptoms.

Cansler Family YMCA (continued)

Child & Youth Services:

- **Child Watch** for children ages 6 weeks–8 years old
- **Youth Game Room** for children ages 8-12 years old
- **After School Child Care** - Available at multiple schools, including Green Magnet Academy and Sarah Moore Greene Elementary
- **Summer Day Camp**

Facility Rentals (available for one-time events or regular meetings):

- **Community Room** - our large meeting space, capable of holding 150-200 people. Folding tables and chairs are available, as well as access to a kitchen with refrigerator, microwave and sink.
- **Gymnasium** - Perfect for team practices, scrimmages or drill work. This space can also be used for parties and events if food and beverage are not served.
- **Aerobics Studios** - Great to use for training and other exercise events. Sound equipment may be available.
- **Pool Parties** - The indoor pool is available for parties. have a beach entry pool, perfect fun for all ages, allowing up to 20 swimmers per party.



VOLUNTEER
HERE!

Center for Urban Agriculture at the Knoxville Botanical Garden & Arboretum

Programs/Services: Food access, Recreation

Address: 2649 Boyd's Bridge Pk, Knoxville, TN 37914

Phone: 865-862-8717

Hours: Sunrise to Sunset, 365 Days a Year and **Admission is Free!**

Plot Rental: Only \$30/year for one 4' x 12' plot
Includes free access to CUA educational programs,
seeds, plants and water access – **we accept SNAP!**

Volunteering: CUA is always looking for volunteers to help maintain its urban farm through a work-share program, where volunteers can bring fresh produce home after helping in the garden. Volunteer opportunities for educational programs and events are also available. Email cua@knoxgarden.org to get started.



Cherokee Health Systems (East Knox Location)

Programs/Services: Medical/Health care

Address: 2202 Martin Luther King, Jr. Ave, Knoxville, TN 37915

Phone: 865-522-6097 | **Website:** www.cherokeehealth.com

Hours: Monday-Friday, 8 AM–5 PM

Individuals do not need to have a Social Security card in order to be seen for primary or behavioral health services.

- Accept most insurance and TennCare plans.
- Also accept individuals with no insurance.
- Offer sliding scale payments for discounted services.

Two programs offer help for those without insurance:

- **Indigent care:** \$5 for each doctor's visit
- **Cover RX Tennessee:** An income-based program covering prescriptions (\$3 for each prescription up to 5 medications; after 5 medications, the patient receives a discounted rate).

Cherokee Health Systems has providers on call 24 hours a day for emergencies. Call 1-866-231-4477 to schedule an appointment.



Community Action Committee (CAC) East Neighborhood Center

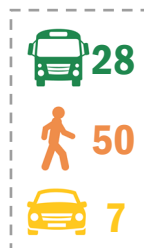
Programs/Services: Education, Housing, Transit, Senior services, Workforce development, Youth programs

Address: 4200 Asheville Hwy, Knoxville, TN 37914

Phone: 865-546-5125 | **Website:** www.knoxcac.org

CAC helps people help themselves by promoting self-sufficiency and independent living through intervention, education and empowerment. The East Neighborhood Center brings CAC and other social services close to the families and individuals who need them, including:

- **Information and Referral** for Human Services.
- **Employability Program:** help people help themselves, through job search, interview and resume assistance, along with additional support after you get a new job.
- **Comprehensive Emergency Services**
- **Community Organization:** assist grassroots organizations to improve community participation.
- **Tutoring & Mentoring Program:** equip low income youth, ages 6 to 18, with the skills to do basic math and read. Meet for 2-3 hours, one night a week during the school year.
- **Knox County CAC Transit:** provide accessible, demand response public transportation services to the residents of Knox County residents for a \$2.00 fee (one-way trip).
- **CAC's Office on Aging:** provide a wide variety of services and information for local senior citizens and their families .



Community Hands, Inc.

Programs/Services: Food access

Phone: 865-406-7260

Email: CommunityHandsInc@gmail.com or
CommunityHandsInc@facebook.com

A non-profit organization providing fresh vegetables and workshops for community members.



C.O.N.N.E.C.T. Ministries

Programs/Services: Ex-offender programs, Veterans services, Workforce development, Youth programs

Address: 2340 Magnolia Ave, Knoxville, TN 37917

Phone: 865-524-8641 | **Website:** www.connectministries.net

Project Fresh Start engages inner city youth and young adults in education, sustainable employment training and community activities.

Cities of Refuge Network is a network of churches, businesses, non-profits and employers willing to walk alongside those who have fallen on hard times and need the love and support of people who believe in restoration, forgiveness and second chances.

Urban Cowboy Restoration Program helps ex-offenders reintegrate back into the community.

V.E.T.S. Program helps veterans reintegrate into society.

Community Resource Training provides referrals to certificate and apprenticeship programs.

Volunteer Opportunities: To become a volunteer, complete form @ <http://www.connectministries.net/volunteer.html> or email wilma@connectministries.net



Crutcher Memorial Youth Enrichment Center (CMY)



Programs/Services: Education, Youth programs

Address: 112 Lakeside St, PO Box 6747, Knoxville, TN 37914

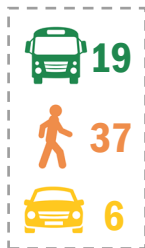
Phone: 865-637-7766 | **Email:** cmycenter@comcast.net

CMY is a non-profit organization offering an after-school program that enrolls new students in grades 2-5. The program helps children discover and nurture their talents. CMY encourages academic excellence and provides opportunities for young people to learn activities that promote productive leisure time. CMY follows the Knox County Schools calendar.

After-school program activities include homework assistance, internet-based math, language arts, etiquette, Spanish, nutrition/fitness activities, choral music, guest speakers, arts and crafts and more!

Hours: 3:00-5:30pm (Knox County Schools Full Days)

Fees: \$60 registration fee per child, per school year and \$120 tuition per child, per month—*Tuition includes transportation from area schools to CMY and a snack upon arrival.*



Dr. E.V. Davidson Recreation Center

Programs/Services: Meeting/event space, Recreation, Senior services, Youth programs

Phone: 865-971-4746 | **Address:** 3124 Wilson Ave, Knoxville, TN 37914

Website: www.knoxvilletn.gov/government/city_departments_offices/parks_and_recreation/facilities/community_centers

Hours: Monday-Thursday 1:00pm–9:00pm & Friday 10:00am-6:00pm

Recreation Facilities:

- Gymnasium and indoor basketball
- Weight room
- Group fitness classes
- Restrooms and locker rooms with showers
- Billiards room
- Game room
- Outdoor playground



Summer Playground Program: Recreational activities and field trips for ages 6-12. Participants are provided a lunch each day. Runs through June and July 9am - 3pm M-F

Ca-L'a Fitness: A fun workout program that targets your muscles. Classes are offered for \$4 on Thursdays from 7-8pm.

Meeting & Event Space: Community room for up to 150 people, available Monday through Sunday (8am - 10pm)

Study Room: includes library and computers

Dr. Lee Williams Senior Center

Programs/Services: Meeting/event space, Recreation, Senior services

Phone: 865-403-1100 x1396

Address: 2240 Martin Luther King Jr. Ave, Knoxville, TN 37915

Dr. Lee Williams Senior Center is a space for residents of the Dr. Lee Williams Senior Complex. The center hosts activities for residents, including neighborhood association meetings, games and others. The center also serves as a congregate meal site for the Senior Nutrition program.



Hours: 10:00am-4:00pm, Monday-Friday

Fees: Free to enter and use facility. Event space usage costs may vary.

East Knoxville Free Medical Center at Magnolia United Methodist Church

Programs/Services: Food access, Medical/health care

Address: 2700 E. Magnolia Ave, Knoxville, TN 37914

Phone: 865-766-0354 | **Website:** www.freeclinics.com/cit/tn-knoxville

The Magnolia Avenue United Methodist Church hosts the clinic and a **meal program on Mondays from 12pm - 6pm.**

Patients without insurance are welcome.



Family Justice Center

Programs/Services: Housing, Youth programs

Address: 400 Harriet Tubman St, Knoxville, TN 37915

Phone: 865-215-6800 | **Email:** info@fjcknoxville.org

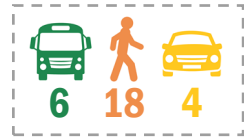
Website: www.fjcknoxville.com/



**VOLUNTEER
HERE!**

Provide domestic violence assistance and additional services for victims of domestic violence, including:

- Legal assistance
- Childcare
- Counseling
- Housing



FISH Hospitality Pantry at St. Luke's Episcopal Church

Programs/Services: Food access, Workforce development

Address: 600 S. Chestnut Ave, Knoxville, TN 37914

Phone: 865-522-3474 | **Website:** www.fishpantry.org

Hours: Monday and Wednesday 10am - 1pm

Women's Community School: a 6-month training in community organizing and leadership development. To sign up, call 865-588-9200 or email jimwright@knoxvilleascension.org

Food Pantry: Pick up food at the East Knoxville pantry, or if you are unable to pick up your food, call FISH @ 865-523-7900 Monday - Saturday after 9am.

Volunteer: Email jimwright@knoxvilleascension.org to sign up.



Fresh EBT

Programs/Services: Food access

Website: www.freshebt.com/

Fresh EBT is a FREE app that makes it easy to find out information about your EBT balance and benefits on your phone, instead of calling your benefits office. The app also helps you find grocery stores, corner stores and farmers markets that accept SNAP benefits.

Fresh EBT is available on the Apple store and the Google Play store.

Girl Talk, Inc.

Programs/Services: Youth programs

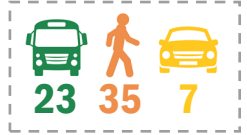
Address: 318 N Gay St Suite #101, Knoxville, TN 37917

Phone: 865-851-7064 | **Email:** info@girltalkinc.com

Website: www.girltalkinc.com



A faith-based nonprofit helping girls, ages 9-18, build confidence & self-esteem, develop and achieve their goals and become strong women who transform their communities. Provides refuge and a safe place where girls can come to communicate real feelings, concerns and issues without judgment and condemnation.



Complete an online application to become a Girl Talk Girl or a Girl Talk Mentor.

Green Magnet Academy

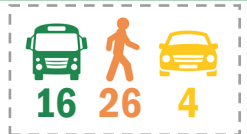
Programs/Services: Education, Food access

Address: 801 Lula Powell Dr, Knoxville, TN 37915

Phone: 865-594-1324

Website: www.knoxschools.org/greenma

Green Magnet Academy (GMA) is a STEAM-based elementary school (pre-k-5th grade). STEAM stands for Science, Technology, Engineering, the Arts and Mathematics. At GMA, these subjects are woven into the core curriculum (Language Arts, Social Studies, Music and Physical Education) through project based learning. GMA is also a part of the Community Schools initiative.



GMA provides free breakfast and lunch to all its students.

Home Source East Tennessee (formerly Knoxville Housing Partnership)

Programs/Services: Housing

Address: 109 Winona Ave, Knoxville, TN 37917

Phone: 865-637-1679 | **Email:** info@homesourcetn.org

Website: www.homesourcetn.org

Can help you find a home to rent or buy. For leasing information, contact LaShawn Hall 865-637-1679 x228 or email lhall@homesourcetn.org. For buying information, contact Taylor Hays 865-637-1679 x223 or email thays@homesourcetn.org.

Financial Fitness and Homebuyer Education classes in Spanish and English – check when the courses are being offered @ <http://homesourcetn.org/education-counseling/course-calendar/>.

Financial Fitness is a FREE 4-week workshop series focused on credit repair, budget creation and action plans to help you reach your financial goals. To register contact Taylor Hays at 865-637-1679 x223 or email thays@homesourcetn.org.

Homebuyer Education is a 6-hour class covering credit, budgeting, applying for a home loan, shopping for a home and maintaining a home and finances. Offered in person and online. A certificate of completion will be provided that meets requirements for THDA and USDA loan products. To register contact Taylor Hays at 865-637-1679 x223 or email thays@homesourcetn.org.



John T. O'Connor Senior Center

Programs/Services: Medical/health care, Meeting/event space, Recreation, Senior services

Address: 611 Winona St, Knoxville, TN 37917 (in Caswell Park)

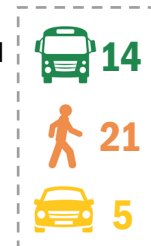
Phone: 865-523-1135 | **Website:** www.knoxseniors.org

An activity center that provides a place where Knox County seniors (50+) can not only add years to their lives, but add life to their years.

- Programs focus on health services, physical fitness and exercise, recreation and education.
- Lunch available Monday–Thursday 11:00am-12:30pm

Hours: Monday–Friday 8:30am-4:30pm

Fees: None, but some classes may have a fee.



Knox County Education Association

Programs/Services: Education

Address: 2411 Magnolia Ave, Knoxville, TN 37917

Phone: 865-522-9793 | **Email:** kceaintouch@bellsouth.net

Website: www.teateachers.org/local-website/knox-county-education-association

Knox County Education Association's mission is to promote quality education in Knox County. KCEA provides a support system that guarantees the opportunity for professional growth, secures and improves benefits and protects the rights of educators in Knox County.

KCEA understands that a teacher's working environment is his or her students' learning environment. They strive to optimize the growth and learning potential of each classroom. KCEA members are the advocates for Knox County's public education system. They are also active in advocating for our schools on the state level as well.

Knoxville Area Rescue Mission (KARM)

Programs/Services: Workforce development

Address: 4302 Asheville Hwy, Knoxville, TN 37914

Phone: 865-521-0770 x327 | **Website:** www.karm.org/



Hours: Monday - Saturday 9am-5pm

Visit karm.org/karm-stores/volunteer/#schedule to register to volunteer.

Volunteers must be at least 16 years old. However, students accompanied by an adult are welcome.



Knoxville Area Transit

Programs/Services: Transit

Main Office Address: 301 Church Ave, Knoxville, TN 37915

Phone: 865-637-3000 | **Website:** www.katbus.com

Base fare: \$1.50 | **Day pass:** \$4.00

Reduced fares offered for those who are eligible. Includes seniors 65 and over, Medicare cardholders, students under 18 and persons with disabilities (a KAT I.D. or Medicare card is required to ride for discounted fare). Contact KAT for more information on reduced fares.

Routes currently running in Five Points: 30, 31, 32, 33 and 34.

All KAT buses are equipped with easy-to-use bike racks and provide lift-accessibility.

Currently **23 different bus routes** serve the City of Knoxville including schedules for early morning start and late evening pick up.

Six buses provide expanded Sunday service and several buses offer fifteen minute service during peak weekday hours.

Now plan your trip using Google Transit! Available on katbus.com or on Google Maps. Visit katbus.com and click on the Trip Planner button to plan your trip.

Knoxville Area Urban League

Programs/Services: Housing, Workforce development, Youth programs



Address: 1514 East 5th Ave, Knoxville, TN 37917

Phone: 865-524-5511 | **Email:** info@thekaul.org

Website: www.thekaul.org

Knoxville Area Urban League's mission is to enable African Americans, other minority groups and the underserved to secure economic self-reliance, parity, power and civil rights. Programs offered include four focus areas:

Opportunity to Thrive (Children):

- **National Achievers Society** to identify and motivate academically achieving minority high school students in grades 10-12 with a 3.0 GPA or higher.
- **Project Ready** prepares young people in middle and high school, as well as their families, for higher education's challenges and hope.

Knoxville Area Urban League (continued)

- **Read & Rise** literacy initiative ensures children have early literacy and pre-reading skills to prepare them for school.



Opportunity to Earn (Jobs): Workforce development and training programs include assessments, computer training, employment readiness, workforce counseling, job placement, customer service training and an in-house job board.

Opportunity to Own (Housing): A HUD-approved non-profit counseling agency, offering programs on pre-purchasing housing counseling, homebuyer education, budget and credit counseling, foreclosure counseling, renters' rights and mortgage assistance. Also provide free assistance for those having problems making mortgage payments.

Opportunity to Prosper (Entrepreneurship):

- The **Co.Starters** entrepreneurship training program for aspiring or seasoned entrepreneurs looking to launch a new product or service for a fee of \$200 (equal to \$20/week.) All you need to participate is a business idea you're ready, willing and excited to share and work on and a willingness to study, shape and fine-tune that idea.
- **Opportunity Loan Program:** As a certified Community Development Financial Institution, KAUL offers loans to entrepreneurs, 21 years or older, who do not qualify for financing at a traditional bank or credit. Qualified applicants receive loans to start and/or expand businesses in Knox County that will provide jobs, goods and services that meet the needs of the community.

Knoxville Botanical Garden & Arboretum

Programs/Services: Meeting/event space, Recreation

Address: 2743 Wimpole Ave, Knoxville, TN 37914

Phone: 865-862-8717 | **Website:** www.knoxgarden.org



Hours: Sunrise to Sunset, 365 Days a Year

Cost: Admission is free!

Volunteer Opportunities: KBGA has a variety of opportunities for volunteers to get plugged in, from gardening, to helping with programs and events, to greeting visitors, to helping with administrative duties.

Email info@knoxgarden.org to get started.



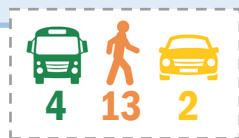
Knoxville Community Step Up

Programs/Services: Ex-offender programs

Address: P.O. Box 6189, Knoxville, TN 37914 (meetings held at the Beck Cultural Exchange Center, 1927 Dandridge Ave)

Phone: 865-237-6936

Community Step Up connects ex-offenders to resources to keep them out of the criminal justice system. They also empower people in the system.



Knoxville Re-animation Coalition

Programs/Services: Historical organizations, Youth programs

Address: 2424 Brooks Rd, Knoxville, TN 37914

Phone: 310-795-0851

Website: www.knoxvillereanimationcoalition.org

Knoxville Re-animation Coalition (KRC) was created in 2009. The purpose is to create bridges between individuals in the Walter P. Taylor Homes community and surrounding areas.

KRC builds these bridges by educating youth about Knoxville's African-American history, plus teaching them writing and communication skills. The goal is to have youth research and create new narratives about their history, while uplifting their community and increasing neighborhood pride.



Knoxville Vet Center (Department of Veterans Affairs)

Programs/Services: Veterans services

Address: 2817 Magnolia Ave, Knoxville, TN 37915

Phone: 865-633-0000 | **Website:** www.va.gov

Weekend & After-Hours Assistance: 1-877-927-8387

Providing services to veterans and their families, including readjustment counseling to help veterans and their families to make successful transitions from military to civilian life.

Hours: (closed Sundays)

Monday: 7:30am–5:30pm

Tuesday: 7:00am–8:00pm

Wednesday: 7:00am–5:30 pm

Thursday: 7:00am–4:30 pm

Friday: 7:00am–4:30 pm

Saturday: 8:00am–4:30 pm (3rd Saturday of the month)



Love Kitchen

Programs/Services: Food access

Address: 2418 Martin Luther King, Jr. Ave, Knoxville, TN 37915

Phone: 865-546-3248 | **Website:** www.thelovekitchen.org



Serves over 3,000 meals each week with more than 80% of those meals being delivered to homebound recipients.

Every Wednesday, in-house breakfast and emergency food bags filled with both canned and dry goods are distributed.

Every Thursday, in-house lunch is served and volunteers deliver meals to the elderly, disabled and homebound.



Morningside Gardens/Green Thumb Program

Programs/Services: Food access

Address: 2020 MLK Jr Ave, Knoxville, TN, 37915

Phone: 865-254-5721 | **Email:** adam.caraco@knoxcac.org

Morningside Gardens is part of Knoxville-Knox County Community Action Committee (CAC)'s Community Garden Program. This program seeks to establish community gardens across Knox County for residents who do not have access to their own land to do so. Morningside Gardens is one of 20+ community gardens maintained by CAC. Morningside Garden is about 85 feet wide and 34 feet long. The garden also has access to a water pump.



CAC provides assistance for gardening as needed. Gardeners also qualify for CAC's Seed and Plant Distribution (Green Thumb Program). Contact Adam Caraco (see above contact information) to begin gardening at Morningside Gardens.

The **Green Thumb Program** distributes free seeds and plants to 1,100 households in Knoxville and Knox County each year. Qualified applicants receive 12 types of vegetable seeds, nine tomato plants and nine pepper plants. Recipients also receive gardening and nutrition information.

Sign up begins in February and goes as long as supplies last. Individuals can sign-up at the L.T. Ross Building (2247 Western Avenue) or CAC East Neighborhood Center (4200 Asheville Highway) and pick up their seeds from both locations.

Fees (Morningside Gardens and Green Thumb Program): NONE



OUR Urban Garden

Programs/Services: Food access

Phone: 865-313-4368 | **Email:** 4oco.org@gmail.com

Location at corner of Juanita Cannon St. & Selma Ave.

OUR Urban Garden is run by OUR Community Organization (OCO), a community association in the Five Points neighborhood. OCO is developing a plan for a community garden. They welcome participation from all individuals interested in building from the ground up to complete their vision of a community oasis. OCO's meeting times and location are on page 44 of the guide.



Pellissippi State Community College Magnolia Avenue Campus

Programs/Services: Education, Workforce development

Address: 1610 E. Magnolia Ave, Knoxville, TN 37917

Phone: 865-329-3100 | **Website:** www.pstcc.edu

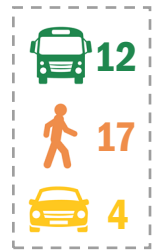
Earn an associates degree of art, science, nursing, teaching or early childhood education from the PSCC Magnolia Campus -- see what other degrees are offered at www.pstcc.edu/magnolia/degrees.php.

Apply online @ www.pstcc.edu

The **Small Business Development Center** offers start-up assistance to small businesses as well as assistance to existing businesses, including business growth planning, government contracting guidance, international trade guidance, sources of capital and social media strategy guidance.

See class time and dates @ www.tsbdc.org/pscc. To sign up for a class call 865-246-2663— open Monday through Friday 8am - 4:30pm.

The Magnolia Avenue campus is also home to the new **Center for Student and Community Engagement** created to offer a broad range of services and resources for students in partnership with the community. It is a central location of support services and academic resources.



Phyllis Wheatley YWCA

Programs/Services: Food access, Housing, Meeting/event space, Recreation, Senior services, Youth programs

Address: 124 S. Cruze St, Knoxville, TN 37915

Phone: 865-546-0651 | **Website:** www.ywcaknox.com

After-School Enrichment Program (ASEP) for middle school students at no cost, from 3:30pm – 6:30pm during the school year. Many ASEP students also attend Summer Kids in Play (SKIP) extending their learning into the summer. SKIP is offered in the Summer Monday-Friday 7:30am – 5:30pm. Call in April to sign up for SKIP.



Planting Seeds of Hope Community Garden is home to a variety of seasonal vegetables, fruit trees and herbs.

Staff use food from the garden to teach families how to cook nutritious meals for \$1.50 per serving or less. Families are also able to take excess meals home for future meals or to feed family members. Youth partner with Abbey Fields Farm to maintain the garden and harvest crops. The garden is open to the clients and their families and community neighbors.

Facility rentals: Several spaces available for community rentals including a ballroom, gymnasium and group meeting room. Rates range from \$15 to \$75, depending on the length of the event.

Keys of Hope houses women 18 years or older meeting eligibility requirements. Residents must be employed or have some form of verifiable income to qualify. Applicants must have the ability to pay program fees of \$60/week. Applications can be picked up and returned at the YWCA Knoxville at 420 West Clinch Ave.

Free **Senior Network** program provides fellowship, healthy lunch, aerobic exercises, brain-stimulation games and dynamic community speakers on the 2nd & 4th Wednesdays of the month, from Sept-May from 11am - 1pm. Contact us at 865-546-0651 to join.



Project GRAD Knoxville

Programs/Services: Education, Youth programs

Address: 1100 Marion St, Suite 100 , Knoxville, TN 37921

Phone: 865-525-4030

Website: <http://www.projectgradknoxville.org/>

Project GRAD is a national education program that focuses on academic and professional success for students and young people.

Project GRAD Knoxville works in partnership with Knox County Schools and the communities they serve to create generational change through education. The organization works with students from kindergarten through post-secondary education.

Project GRAD Knoxville's has 3 main programs:

- **Student and Family Support (SFS):** This program provides direct support services to students and their families. The mission of SFS is to connect resources with needs. SFS focuses on 4 areas: 1) Personal/social support, 2) Parent/community engagement, 3) Academic wraparound support and 4) College/career awareness.
- **College and Career Access (CCA):** This program supports students from elementary school through high school. It provides students academic assistance and opportunities to explore college and post-secondary school options.
- **College and Career Success (CCS):** This program provides resources for students who transition into college and beyond. The program provides financial aid opportunities and academic assistance.

Sarah Moore Greene Magnet Academy

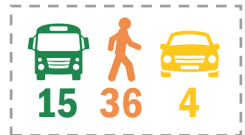
Programs/Services: Education, Food access

Address: 3001 Brooks Ave, Knoxville, TN, 37915

Phone: 865-594-1328

Website: <http://www.knoxschools.org/greenema>

Sarah Moore Greene Magnet Academy (SMG) is an elementary magnet school. The magnet program's focus is Communications and Media. The magnet program features a video production lab, an iPad lab and a newly renovated computer lab. SMG is also part of the Community Schools initiative.



SMG provides free breakfast and lunch to all its students.

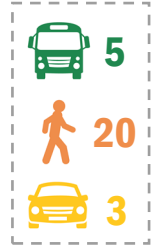
Socially Equal Energy Efficient Development (S.E.E.E.D.)

Programs/Services: Food access, Workforce development

Address: 1617 Dandridge Ave, Knoxville, TN 37915
Phone: 865-936-2623 | **Email:** seeedknox@gmail.com
Website: seeedknox.org



Youth Development: SEEED's career readiness program offers training in resume writing, goal setting, cover letters, job applications and other life and job skills to adults aged 16 -28.



Food Access: SEEED students manage a community garden that has 52 fruit trees, an edible forest and 6 raised garden beds.

Volunteer Opportunities: Opportunities include teaching a career readiness class, working in the community garden, event planning, graphic design, video editing, grant writing and other. To apply to be a volunteer go to www.seeedknox.com and press the volunteer tab.

Summer Food Service Program (SFSP)

Programs/Services: Food access

Website: <http://www.tennessee.gov/humanservices/article/css-summer-food-service-program>

The Summer Food Service Program is a federal program to ensure that needy children 18 years or younger could receive the same high quality meals provided during the school year by the National School Lunch and Breakfast Programs. The SFSP can begin when school closes in the spring and can continue until school opens for the fall term.

Find a map of locations participating here: <https://www.fns.usda.gov/summerfoodrocks>. This site is updated around April/May with the upcoming summer schedule.



Teen Challenge

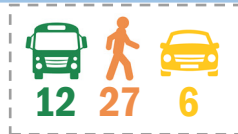
Programs/Services: Medical/health care

Address: 3127 Martin Luther King, Jr. Ave, Knoxville, TN 37914

Phone: 865-546-8933 | **Email:** teenchallenge@live.com

Website: womenstc.com

A 12-month residential drug addiction treatment center for young women, providing a chance to develop a strong work ethic while learning new skills and the importance of teamwork and a good attitude.



UUNIK Academy

Programs/Services: Education, Youth programs

Website: uunikacademy.org | **Phone:** 865-384-4475

Email: uunik.academy@gmail.com

UUNIK ('unique') Academy, founded in September 2003, meets every Saturday from 9am-1pm. Youth participants, ages 10-17, have activities on academics, leadership and life skill enrichment. UUNIK provides transportation as well as meals for youth.

UUNIK has a rites of passage program that is dedicated to transforming African-American youth into respectful and respectable African-American adults.



Village of Knox

Programs/Services: Media

Website: www.thevillageofknox.com | **Email:** villageofknox@aol.com

The Village of Knox has a calendar of events open to the Knoxville community. Find the events under the calendar tab on the website.

The Village is always looking for new "villagers" committed to being a positive presence and influence in your community. Sign up to become a "Villager" under the "Villagers" tab on the website.

Find Support Services: The Village has organized several services that can make your day a little easier in the website's "Information" tab.

Find Volunteer Opportunities: Several volunteer opportunities in the East Knoxville area can be found under the "Serve the Village" tab.

Vine Middle Magnet School

Programs/Services: Education, Food access

Address: 1807 Martin Luther King Jr Ave, Knoxville, TN 37915

Vine Middle Magnet School is Knox County Schools' only middle school magnet program and affords students the opportunity to experience the middle school curriculum through the lens of science, technology, engineering, arts and math (STEAM).



This focus challenges students to become innovators and collaborators who are preparing for 21st Century careers.

Vine is renowned for its performing and visual arts department and offers students unique courses of study in Modern and West African Dance, as well as West African Drums.

Vine Middle School is also a part of the Community Schools initiative.

Vine provides free breakfast and lunch to all its students.

Vine School Health Center

Programs/Services: Medical/health care

Address: 220 Langland St, Knoxville, TN 37915

Phone: 865-594-5078 | **Email:** vineshc@utk.edu

Website: www.knoxschools.org/Page/5915

Providing medical and mental health care services for Knox County students.



Open by appointment from 8 am to 4:30 pm and according to the Knox County Schools schedule, also open during KCS in-service days and all summer.

Accept all insurances including TennCare and have a sliding scale for self-pay.



Williams Creek Golf Course & The First Tee of Greater Knoxville

Programs/Services: Recreation, Youth programs

Address: 2315 Dandridge Ave, Knoxville, TN 37915

Phone: 865-546-5828 | **Website:** www.williamscreekgolfcourse.com

The First Tee Learning Center uses golf and education to help participants develop positive skills for continuation of their education and employment. Programs available year-round.

To register contact Shawn Mauer by calling 865-672-8584 x200 or email smauer@thefirstteegreaterknoxville.org.



WJBE Radio Station

Programs/Services: Media

Address: 2340 Martin Luther King, Jr. Ave, Knoxville, TN 37915

Phone: 865-247-6928 | **Website:** www.jammin997.com

WJBE believes in giving back to Knoxville. They host community events throughout the year benefiting local charity groups.

Email info@wjbe.org to post an event to the WJBE community calendar.



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CITY OF KNOXVILLE'S OFFICE OF NEIGHBORHOODS

ADDRESS: City-County Building, Room 528

400 Main Street, Knoxville, TN 37902

PHONE: 865-215-2886 | **EMAIL:** dmassey@knoxvilletn.gov

WEBSITE: www.knoxvilletn.gov/government/city_departments_offices/neighborhoods/

BURLINGTON RESIDENTS ASSOCIATION

Meet at: Burlington Branch Library, 4614 Asheville Hwy

Meeting days/times: Every 2nd Thursday at 6 PM

Phone: 865-524-7094 | **Email:** ccfp@comcast.net

CHILHOWEE PARK NEIGHBORHOOD ASSOCIATION

Meet at: Chilhowee Park Administrative Offices, 3301 Magnolia Ave

Meeting days/times: Every last Tuesday at 6:30 PM

Phone: 865-524-7094 | **Email:** ruffstuff58@gmail.com

Website: www.chilhoweeparkneighborhood.com

COLD SPRINGS NEIGHBORHOOD WATCH

Meet at: CAC East Neighborhood Center, 4200 Asheville Hwy

Meeting days/times: Every 2nd Monday at 5 PM

Phone: 865-525-4833 | **Email:** coldspringsnw@gmail.com

DANDRIDGE AVENUE NEIGHBORHOOD WATCH

Meet at: Beck Cultural Exchange Center, 1927 Dandridge Ave

Meeting days/times: Every 1st Tuesday at 4:30 PM

Phone: 865-661-3231 | **Email:** abourne@knoxvilletn.gov

EASTPORT/LEE WILLIAMS NEIGHBORHOOD WATCH

Meet at: Dr. Lee Williams Senior Center, 317 McConnell St (enter Parking Lot B)

Meeting days/times: Every 3rd Wednesday at 1 PM

Phone: 865-206-3433 | **Email:** sylviacook5901@comcast.net

neighborhoods (continued)

LEE WILLIAMS/EASTPORT TENANTS ASSOCIATION

Meet at: Dr. Lee Williams Senior Center, 317 McConnell St. (enter Parking Lot B)

Meeting days/times: Every 3rd Monday at 2 PM

Phone: 865-403-1100 x1396

MICHEAL MEADOWVIEW NEIGHBORHOOD WATCH

Meet at: CAC East Neighborhood Center, 4200 Asheville Hwy

Meeting days/times: Every 2nd Monday at 5 PM

Phone: 865-525-5625 | **Email:** rubyred08@comcast.net

OUR COMMUNITY ORGANIZATION (OCO)

Meet at: St. Luke's Episcopal Church, 600 South Chestnut St

Meeting days/times: Every 1st Saturday at 10 AM

Phone: 865-313-4368 | **Email:** 4oco.org@gmail.com

PARKRIDGE COMMUNITY ORGANIZATION

Meet at: Cansler Family YMCA, 616 Jessamine St

Meeting days/times: Every 1st Monday at 6:30 PM (except holidays)

Phone: 865-259-6289 | **Email:** dander19@utk.edu

Website: www.parkridgecommunity.org

TOWN HALL EAST NEIGHBORHOOD ASSOCIATION

Meet at: Eastminster Fellowship Hall, 4904 Asheville Hwy

Meeting days/times: Every 2nd Monday at 7 PM

Phone: 865-640-5700 | **Email:** ss.davis@comcast.net

Bentley Street Christian Church, 417 Bentley St
 phone: 865-525-0231 |
 bentleychristianchurch@yahoo.com

Bethel AME Church, 3811 Boyds Bridge Pk
 phone: 865-522-6396 | bethelknox@aol.com | bethelknoxame.org

Burnside House of Prayer, 3102 Selma Ave | phone: 865-522-2142

Chilhowee Hill Baptist Church, 4615 Asheville Hwy | phone: 865-522-2422

Church of God Sanctified, 729 S. Cherry St | phone: 865-524-4491

Church on Fire, 4105 Skyline Dr
 phone: 865-474-1580 | www.churchonfireknoxville.com

Community Evangelistic, 2650 Boyds Bridge Pk
 phone: 865-525-1589 | info@cecchurch.org | www.cecchurch.org

Eastminister Presbyterian, 4904 Asheville Hwy | phone: 865-522-2444

Edgewood Chapel Baptist, 2440 MLK Jr. Ave | phone: 865-525-2391

Emmanuel United Presbyterian, 3023 Selma Ave
 phone: 865-523-3011 | emmanuelpresbyterian@yahoo.com

Eternal Life Harvest Center, 2410 MLK, Jr. Ave
 phone: 865-971-1988 | info@eternallifeharvest.org

Fern Street Missionary Baptist, 122 Fern St | phone: 865-549-7002

First AME Zion Church, 1900 McCalla St
 phone: 865-637-6250 | firstamezion@yahoo.com

God's House, 107 Meadowview Rd

Greater Shiloh PF Church of God, 2625 MLK, Jr. Ave | phone: 865-637-4193

Greater Warner AME Zion Church, 3800 MLK, Jr. Ave | phone: 865-524-8040

Honey Rock Victorious Church, 4113 Holston Dr | phone: 865-541-6111

House of God Church, 2334 Parkview Ave | phone: 865-524-2855

Kingdom Life Restoration Center, 2650 Parkview Ave | phone: 865-851-9602

Knoxville Baptist Tabernacle Church, 2439 E. Magnolia Ave
 phone: 865-524-7317 | kbt@knoxvillebaptisttabernacle.com

Lennon-Seney United Methodist Church, 2084 Dandridge Ave
 phone: 865-524-0289 | lennon-seney.holston.org

Living Word Baptist Church, 819 Houston St | phone: 865-637-4880

Logan Temple Baptist Church, 2744 Selma Ave | phone: 865-544-7850

churches (continued)

Macedonia United Methodist Church, 4630 Holston Dr

phone: 865-523-6618 | information@macadoniaunitedmethodist.com

Magnolia United Methodist, 2700 E. Magnolia Ave | phone: 865-522-3644

Mattie E. Coleman Memorial, 2537 Selma Ave | phone: 865-524-0681

Mount Calvary Baptist Church, 1807 Dandridge Ave

phone: 865-524-1601

Mount Olive Baptist Church, 1601 Dandridge Ave

phone: 865-524-1601 | Mobc1601@mtoliveknoxville.org

Mount Zion Baptist Church, 2714 Brooks Rd

phone: 865-522-2715

New Salem Baptist Church, 2041 Bethel Ave | phone: 865-522-4212

contactus@newsalembaptistchurch.org | newsalembaptistchurch.org

Overcoming Believers, 2500 E. Fifth Ave

phone: 865-633-9050

Payne Avenue Baptist Church, 2714 Martin Luther King, Jr. Ave

phone: 865-524-7234 | payneave@bellsouth.net | www.payneave.com

Shiloh United Presbyterian Church, 904 Biddle St

phone: 865-525-3701

St. Johns Baptist Church, 2250 Martin Luther King, Jr. Ave

phone: 865-254-8873 | www.stlukesknoxville.org

St. Luke's Episcopal Church, 600 S. Chestnut St

phone: 865-522-4244

St. Paul Baptist Church, 2342 Louise Ave

phone: 865-524-7095

Tabernacle Baptist Church, 2137 Martin Luther King, Jr. Ave

phone: 865-524-2034 | tbc@mytabernacle.com | www.mytabernacle.com

True House of God Ministries, 3100 Wimpole Ave | phone: 865-522-3216

True Life Concepts Ministry, 4512 Asheville Hwy

phone: 865-247-4019 | tony@truelifeconcepts.org

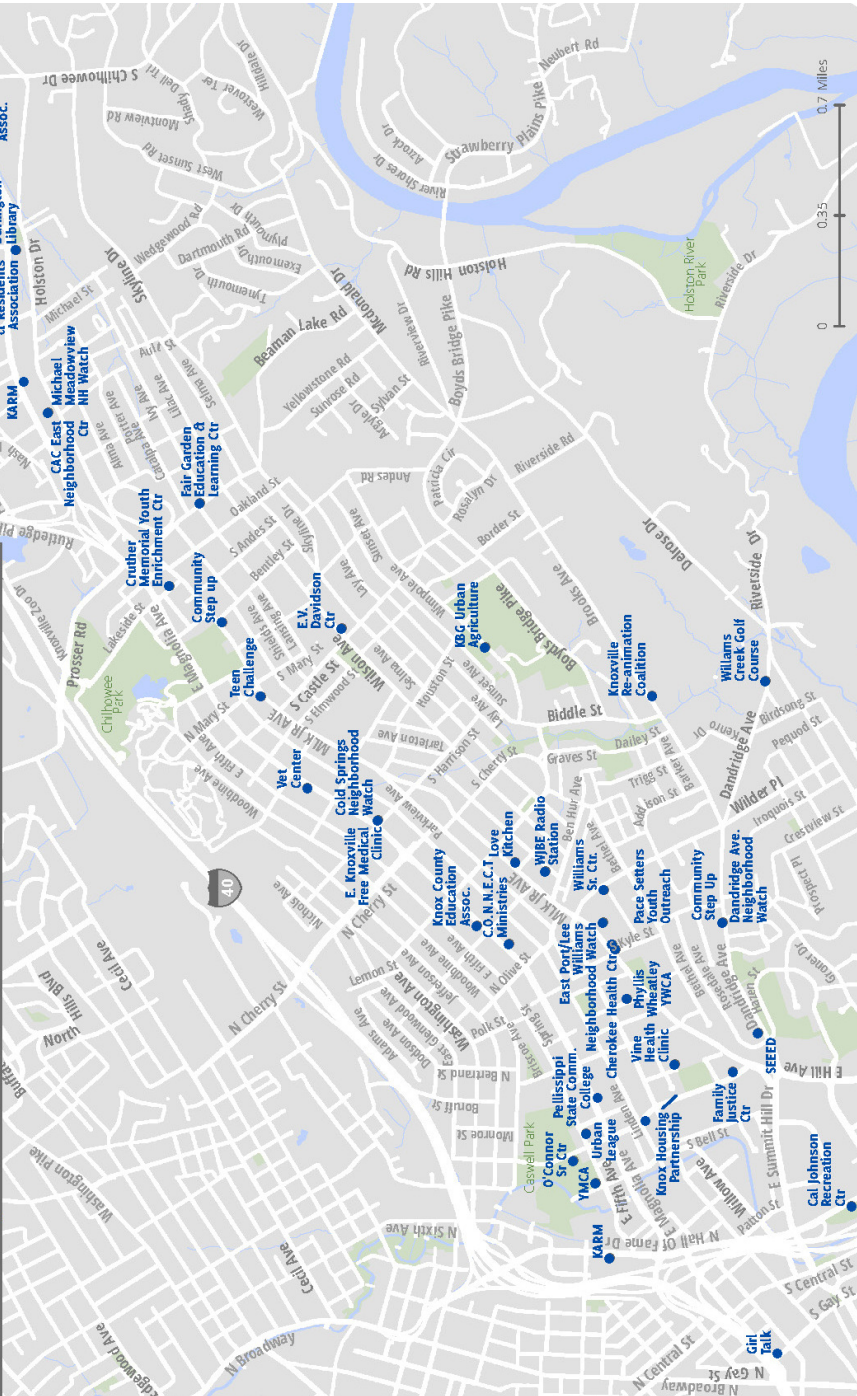
Walking By Faith Ministries, 4308 Holston Dr | phone: 865-523-1081

Wilder Baptist Church, 1513 Wilder Pl | phone: 865-523-1081

Word of Life Ministries, 3819 Speedway Circle

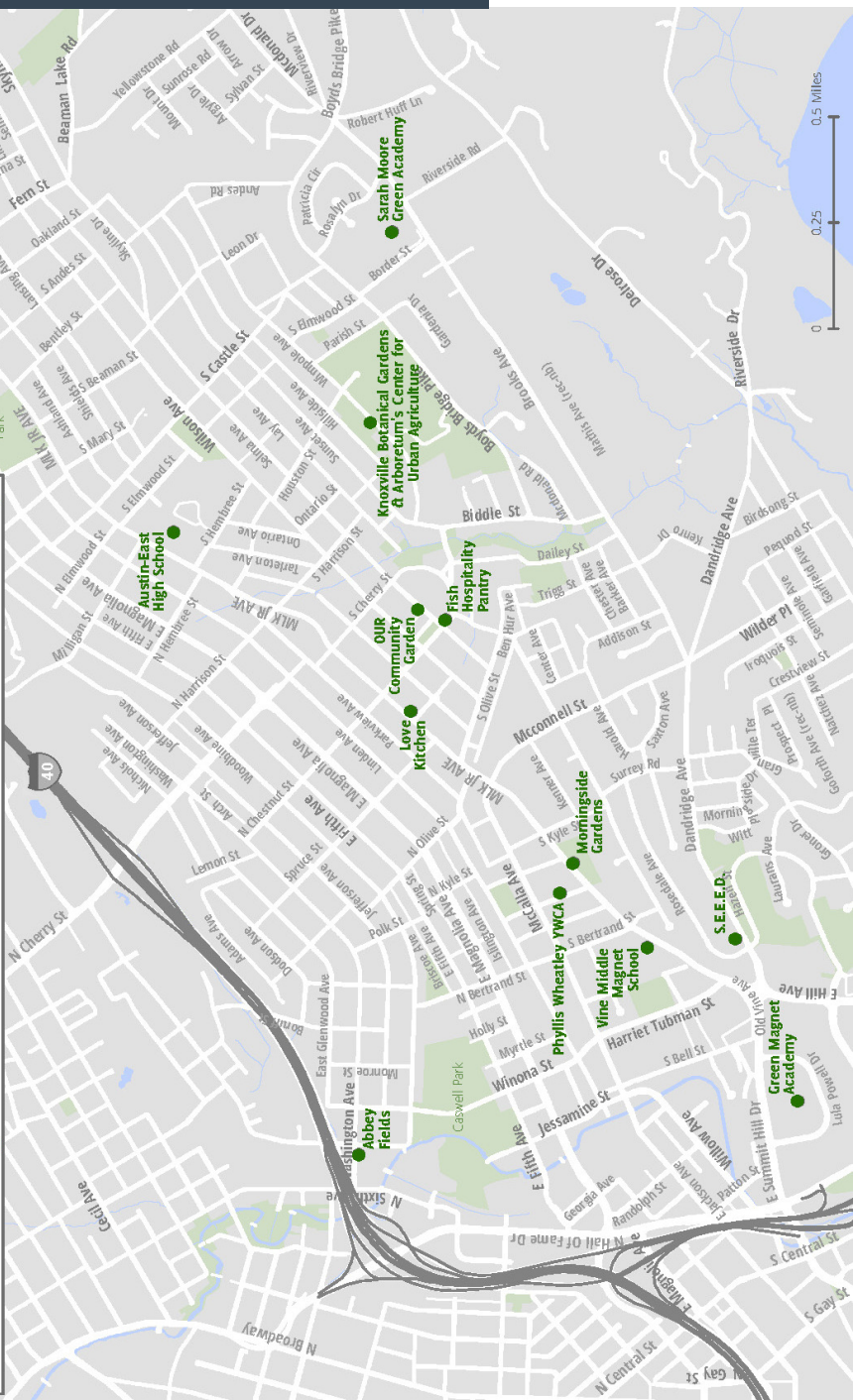
phone: 865-546-5667 | wordoflifeinc@comcast.net

Community Resources for the Five Points Community

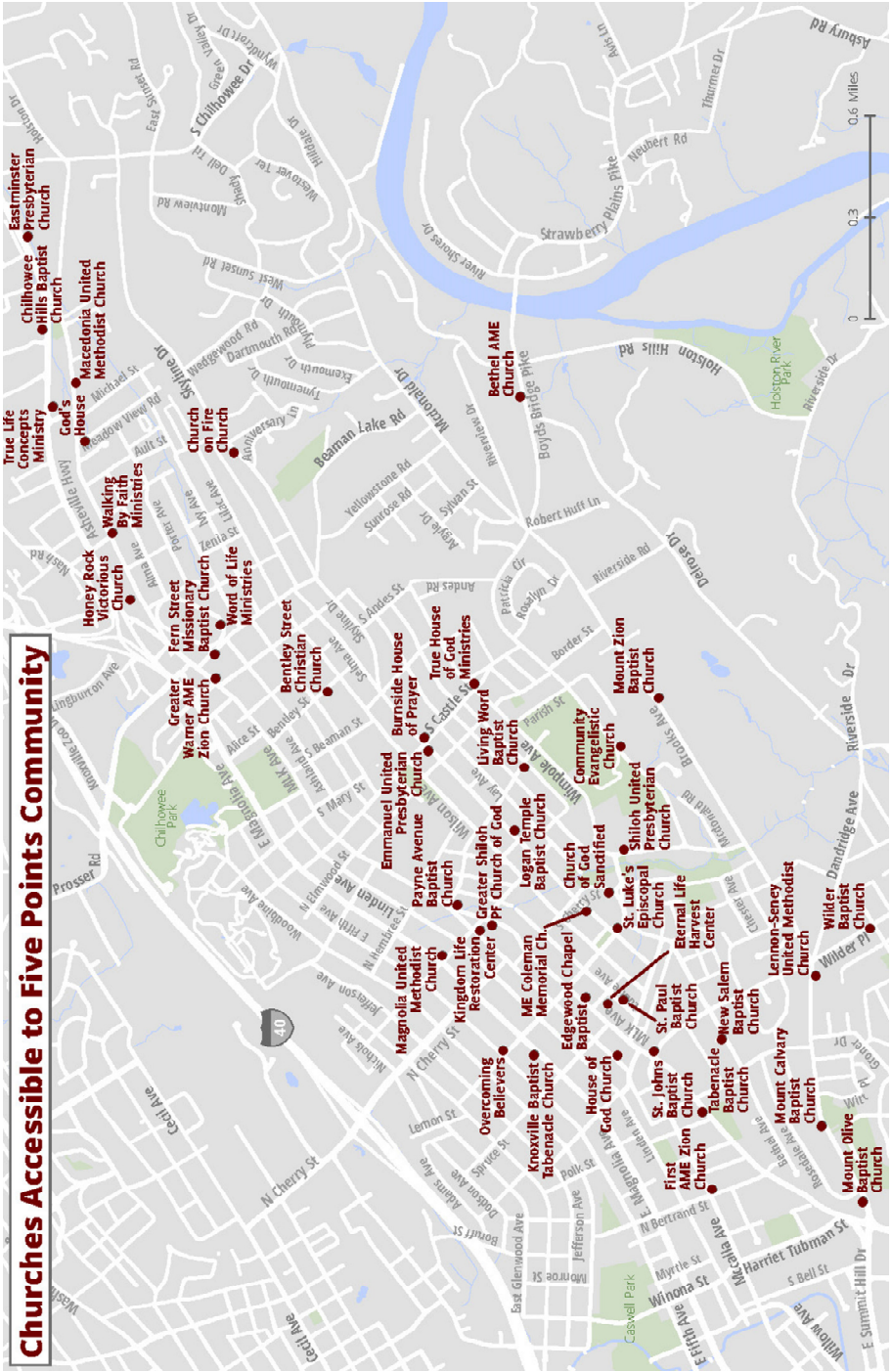


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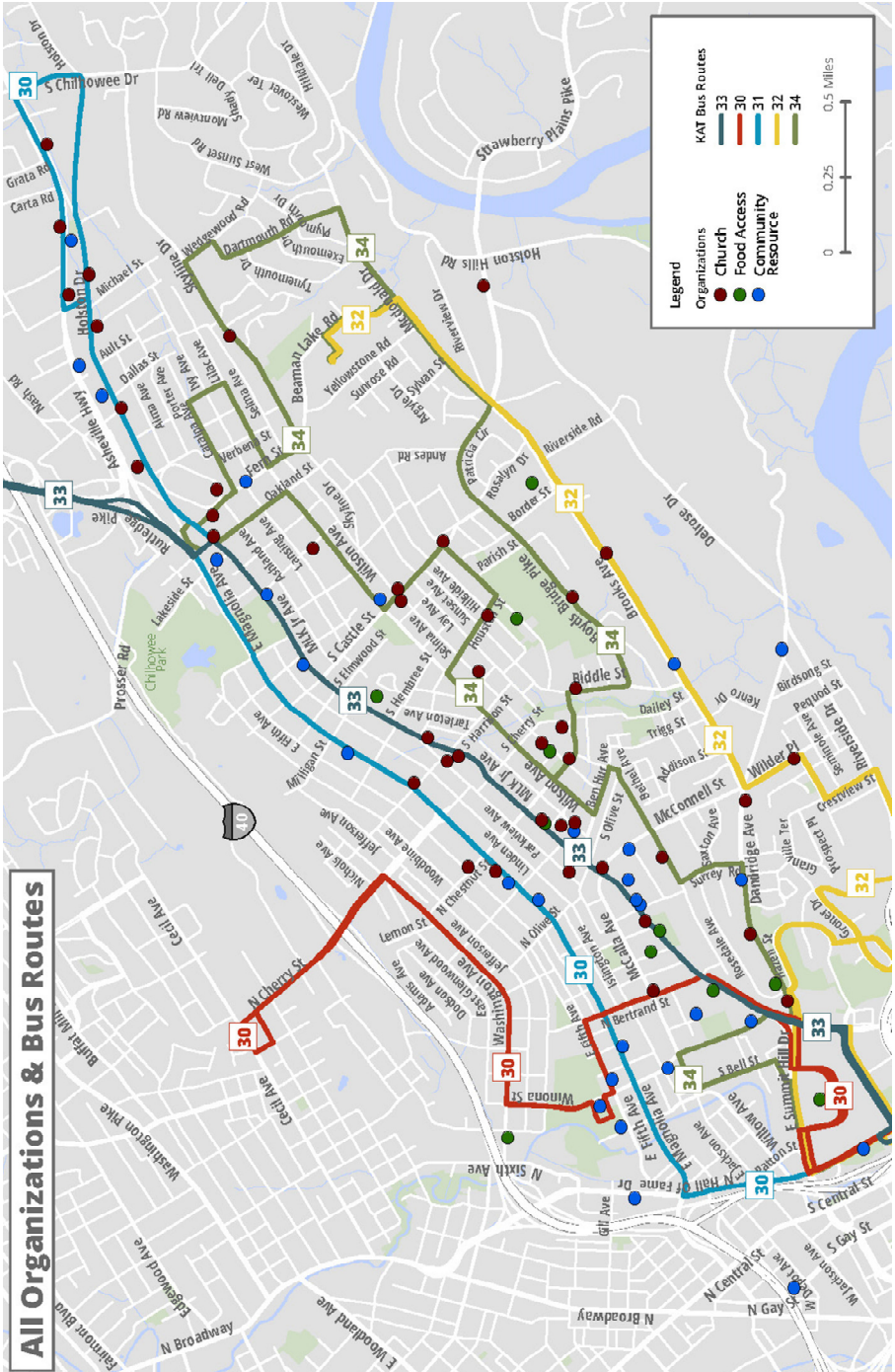
Food Access Organizations for the Five Points Community



Churches Accessible to Five Points Community



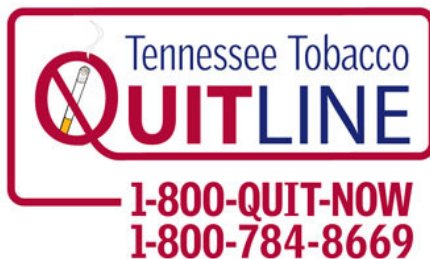
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SMOKE-FREE KNOXVILLE

smokefreeknoxville.com

It's never too late to
quit smoking,
regardless of how
long you've smoked!



For info or help, call **865- 215-QUIT (7848)**

*Thank you to all the community
partners associated with
Five Points Up*

THIS FREE GUIDE INCLUDES:



Community
Resources



Food Access
Resources



Volunteer
Opportunities



Community
Building Tips

An online version of this guide can be found at:
www.knoxcounty.org/health/5points

5Pointsup
Beautifying and Unifying East Knoxville